

Randonnews

BONUS COPY supplied to club members: Pass it on to an interested friend!

The newsletter of events, developments, and general goings on of...

Randonnée Aventure

Vol. II, No. 1 SPRING-SUMMER 1987

RANDONNÉE AVENTURE:

Montreal's friendly outdoor adventure co-operative!
Box 1102, Snowdon, Montreal, Quebec H3X 3Y2

355-5682

APRIL 10-
8:00. Annual General Meeting
9:00 First Birthday PARTY!
Details inside...→



FIRST BIRTHDAY EDITION

Welcome to our Celebration Edition of the Randonnews! We are celebrating our very successful first year as Randonnée Aventure - Montreal's friendly outdoor co-operative - by launching a schedule of hiking, cycling, caving, backpacking, and canoeing events that can fill your calendar from May to October. Ten hiking trips offer many new destinations in Quebec, Vermont, and New York; including two "maxi-hikes" with two hours of extra hiking (or relaxation). The Hikemore Rebate and Super Hiker Award programs have been established to encourage keen hikers. Four cycling trips (two in Quebec, two in Vermont) will appeal to the two-wheeled outdoors enthusiasts, while the three spelunking weekend will offer new vistas to the adventurous. The social events - especially our First Birthday Party on April 10th - will provide warm opportunities for exchanges in a less sweaty lieu!

A new slate of Randonnée Aventure Directors and Executive Committee has been nominated, to be voted in at the Annual General Meeting, April 10th (before party). The people in these groups have already been meeting for the past two months to plan our Spring-Summer-Fall program and, as indicated in this issue, have done an incredible job. Wait 'til you see the cookbook!

This issue of the newsletter -- all 14 pages -- has been created with the contributions of Gerry Bard, Cal Hindson, Don Hackett, Kathy Maclean, Vera Tobis, René Lery, Gerry Cooke, Elise Brais, Wes Goode, Doug Wilson, Phil Prince, Sari Kelen, and Gerry Bis Amiga. Thanks to you all!

Although we are offering many more activities than last year, we are anticipating an enthusiastic response. To avoid disappointment, choose your dates and events early and register early! Here's how:

1. Come to the sign up night (with your chequebook). Information and help in choosing the trips will be available regarding hiking, cycling, and caving trips. Photos and descriptions will be displayed.

SIGN-UP NIGHT

April 1st from 7:30 pm to 10:30 pm

at #15 (between Gate St. Luc & Queen Mary

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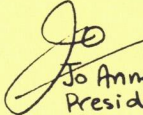
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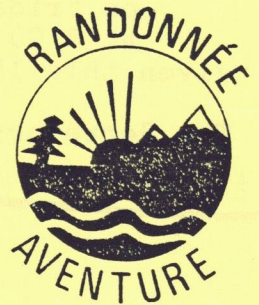
SIGN-UP NIGHT

April 1st from 7:30 pm to 10:30 pm
at 5025 Clanranald #15 (between Cote St. Luc & Queen Mary)
Gerry Cooke's place (a little west of Decarie)
487-4754

2. Mail in the registration form, waiver and your cheque for the trips and membership fee to the club address.
3. Sign up at the General meeting and Birthday Party - April 10th.

In conclusion, I'd like to thank every one of you who has been a part of the warmth, energy, cooperation, and enthusiasm that has made this first year of Randonnée Aventure so very memorable and rewarding.


Jo Anne Gray
President, 1986-87
Editor, Randonnews.





**RANDONNEE ADVENTURE DIRECTORS
1987-88**

The following members are hereby nominated as Directors of Randonnee Adventure for the 1987-88 year. Nominations will also be accepted at the Annual General Meeting on April 10th, and an election will be held.

Gerry Cooke	Vera Tobis
Don Hackett	Wayne Waters
Monika Malecka	

**RANDONNEE ADVENTURE EXECUTIVE COMMITTEE
1987-88**

The following members have agreed to accept the responsibilities listed below. Nominations will also be accepted at the Annual General Meeting on April 10th, and responsibilities finalized on that date.

PRESIDENT	Gerry Cooke	487-4754
VICE PRESIDENT	Don Hackett	487-3615
SECRETARY	Monika Malecka (interim)	733-7500
TREASURER	Vera Tobis	489-1911
ACCOUNTANT/REGISTRAR	Jan Wilk	336-7897
LEGAL ADVISOR	Robert Fyfe	
PAST PRESIDENT	Jo Anne Gray	465-9900

SOCIAL	Elise Brais	481-3126
TRANSPORTATION	Monicka Malecka	733-7500
TELEPHONE, L & F	Wayne Waters	351-4819
RANDONNEWS	Jo Anne Gray	465-9900
PUBLICITY	Ruth Lawee	488-0978
BUSINESS, COOKBOOK, ETC.	Vera Tobis	489-1911
VOLUNTEER CO-ORD.	Gerry Blanchard	366-9329
TELEPHONE	Diane Lafortune	622-3406

ACTIVITIES

HIKING	Gerald Bard	678-6886
	Diana McDougall (admin.)	487-4596
CYCLING	Al Ramsay	486-8957
CAVING	Cal Hindson	655-9903
BACKPACKING	Don Hackett	487-3615
	Margaret Robertson	481-3126
ORIENTEERING	Phil Prince	634-7384
VOLLEYBALL/FITNESS	Tony Neville (winter)	451-5515
	Monika Malecka (summer)	284-4537 (day)
CROSS COUNTRY SKI	Phil Prince (interim)	634-7384

NOTICE

ANNUAL GENERAL MEETING

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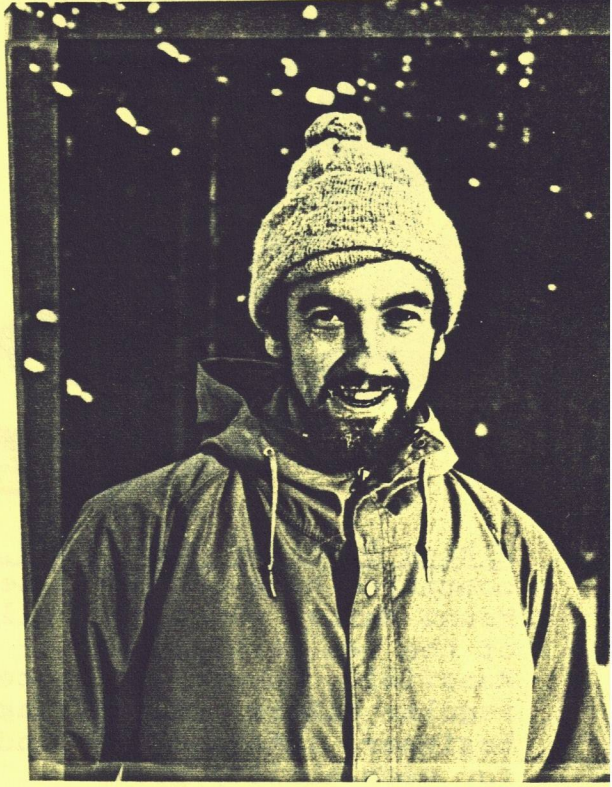
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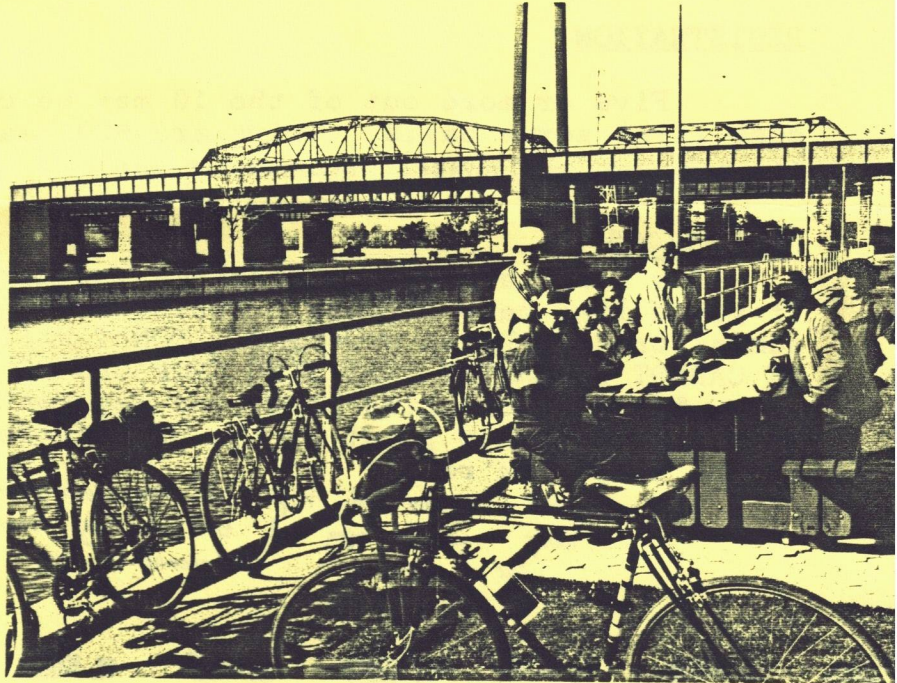
ANNUAL GENERAL MEETING

Notice is hereby given that the Annual General Meeting of the Members of Randonnee Aventure will be held
 at the Royal Montreal Regiment Armouries,
 4625 St. Catherine Street West, Montreal,
 on Friday, April 10, 1987,
 at 8:00 p.m.,
 given this 15th day of March, 1987

The Secretary



Aaaah... what a winter!!!
Nature provided R.A. with the best winter in a decade for our first cross-country season. Thanks to X-C Director Phil Prince (top right) and Administrator Gerry Cooke (behind tree, top left) for a great !! trips!!



"R.A. DISCOVERS LACHINE CANAL!"
Get your derailleurs WD-40'd!
Cycling time is almost here again. 4 Cycling day trips, the famous Sunday Mystery Tours, and a possible cycling weekend are all on the books. Register now!

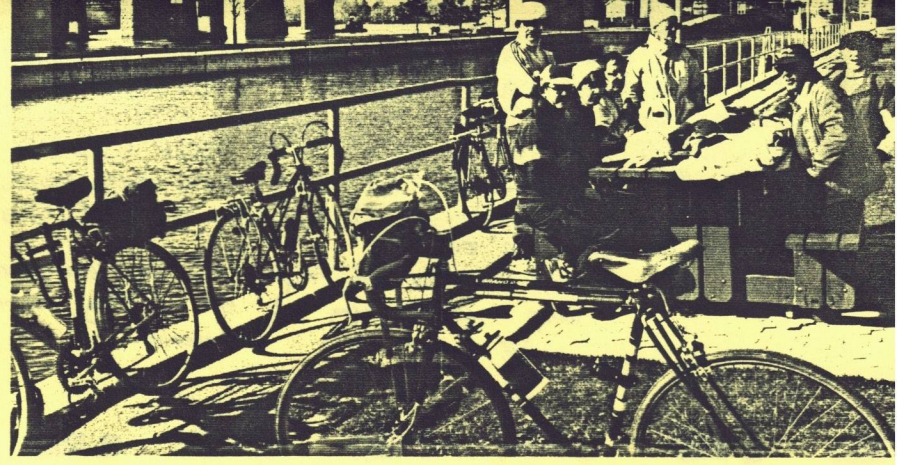


BOLTON VALLEY, VERMONT
is said to be still

Phil Prince (top right) and Administrators
Gerry Cooke (behind tree, top left)
for a great !! trips!!

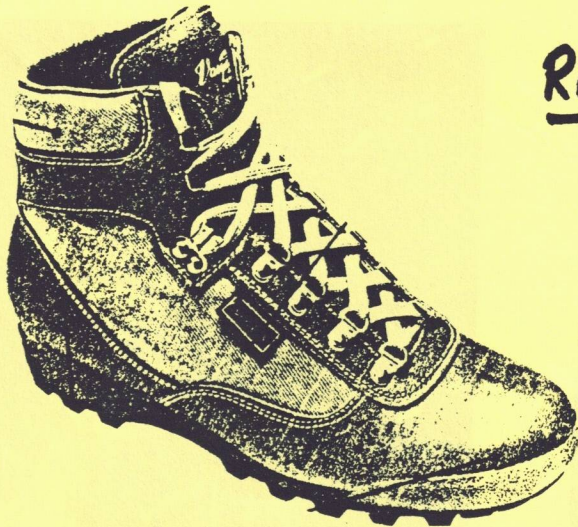
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BOLTON VALLEY, VERMONT
is said to be still
recovering from the
"Hats-Spats-Alley Cats"
party on the
February condo weekend.
Much skiing, visiting,
laughter and good
times for all... thanks
to Phil, Sari, and Janet,
Margaret, and all
organizers!!!

(RA)



RANDONNÉE's second hiking season offers ten hikes - including seven new destinations! (MAXI-HIKES, TOO!)

REBATES - SUPER HIKER AWARDS TO BE PRESENTED IN FALL

Hiking Director Gerry Bard, Administrator Diana McDougall, and their committee have scheduled ten hikes, including two MAXI-HIKES to Giant and Mount Marcy, which will allow for two more hours of hiking. Many of the ten destinations -- Lyon, Dial, Grande Vallee, the west side of Mansfield, Marcy, Whiteface (Vermont) and Wolfjaw -- will be new to our regular hikers. All hiking destinations will offer trails for the beginner, intermediate, and "gung-ho" hikers, and leaders are assigned for each ability group.

REGISTRATION

Five or more out of the 10 may be chosen, reserved on a first come first serve basis. Trips are \$20 each. All hiking trip cheques must be made out to "VOYAGES AQUANAUTES INC."

CONDITIONS

The hikes are not refundable. You may sell your trip on your own. If you'd like help finding a replacement, contact the hiking administrator, Diana McDougall. **DON'T WAIT TILL THE LAST MINUTE BECAUSE WE CANNOT GUARANTEE THAT YOUR TRIP CAN BE SOLD.**

To go on an extra hike, you may contact Diana, or simply show up at the last pickup point on the day of the hike. If space is available on the trip, you're on!

N.B. Your series of trips will be confirmed by telephone before MAY 1st. Keep your copy of the hiking schedule, with your dates marked, for your own reference.

THE MORE YOU HIKE, THE MORE YOU CAN BE REBATED!

YES! To encourage members to hit the hiking trails more often, we have arranged the "RANDONNÉE AVENTURE HIKEMORE REBATE PROGRAM". Here's how it works.

1. SIGN UP and PAY for..... 7, 8, 9, or 10 hikes in our series
2. HIKE 7, 8, 9, or 10 hikes

REBATE based on the number of hikes you hiked: # =

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1. SIGN UP and PAY for..... 7, 8, 9, or 10 hikes in our series
2. HIKE..... 7, 8, 9, or 10 hikes
3. RECEIVE a R.A. HIKEMORE REBATE, based on the number of hikes you hiked:

7 hikes - \$20 =	8 hikes - \$25 =	9 hikes - \$30 =	10 hikes - \$35 =
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These will be send to you, as a cheque, in November '87!

BECOME A RANDONNÉE AVENTURE "SUPER HIKER '87!"

Celebrate our new improved hiking season by signing up for - and completing - all 10 hikes in our 1987 schedule, and win the Randonnée Aventure Super Hiker '87 Award. * Presentations of award will be made at the Annual Christmas Party, Dec. '87. (*also known as Bo Derek Award).

HIKE SCOUTS are needed to "check out" new hikes for the club. Small groups of hikers are being organized by Gerry, Di, and the hiking committee. Gas will be paid by the club, plus a modest scouting fee (one free beer at Elm Tree Inn).

1987 HIKING SERIES MAY - OCTOBER

CLUB NUMBER: 355-5682



DESTINATIONS: SATURDAY HIKING SERIES (CHOOSE 5 OR MORE) (Check off hikes chosen and keep on your frig door!)

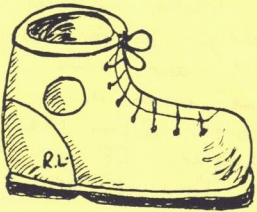
- 1. May 23- Lyon Mountain, near Plattsburgh NY
Ascent 1790 ft.; 5.4 miles round trip
A high peak type trail, very good for a first hike of the season, great view from the summit. SOUTHBOUND
- 2. May 30- Dial Mountain, Nippletop, Noonmark, Rooster Comb NY
Dial Mountain- Ascent 3000 ft.; 7.5 miles round trip
Nippletop- Ascent 4000 ft.; 11.5 miles round trip
Noonmark and Rooster Comb for beginners & intermediates.
Several trails to chose from. SOUTHBOUND
- 3. June 6- Camel's Hump, VT
Forrestry Trail- Ascent 2300 ft ; 6 miles round trip
Great views. SOUTHBOUND
- 4. June 20- Algonquin Peak, Wright Peak- Adirondack Loj NY
Algonquin Ascent 2940 ft; 8 miles round trip
There are several trails to choose from, beginner to expert
Swim in Heart Lake after the hike.
Note: Bus may leave the Loj slightly later than usual. SOUTHBOUND
- 5. Sept 12- Grande Vallee- near Chertsey Que.
Choice of several hikes on little used trails
Explore unspoiled & secluded lakes, rugged terrain with
good views of early fall colors. NORTHBOUND
- 6. Sept 19- Giant Mountain NY * extended trip *
"MAXI"
Ascent 3400 ft; 7-12 miles round trip
Roaring Brook Falls, lookouts, valley views SOUTHBOUND
- 7. Sept 26- Mount Mansfield VT - from the west side
Ascent 2000 ft; 6 miles
Note: This is not the east side that we normally do.
We are hiking from Underhill State Park via Sunset Ridge!
SOUTHBOUND
- 8. Oct 3- Mount Marcy NY- * EXTENDED HIKE *
"MAXI"
Ascent 3170 ft; 15 miles return
Haystack also available SOUTHBOUND
- 9. Oct 17- Whiteface VT - (no not NY)
Ascent 3000 ft; 10 miles return
There are easy trails to the North- Prospect rock is
beautiful SOUTHBOUND
- 10. Oct 24- Wolfjaw, Rooster Comb NY
Ascent 3000 ft; 11 miles
Interesting shorter hikes; fall colors should be excellent.
SOUTHBOUND

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PICK-UPS

	SOUTHBOUND HIKE	NORTHBOUND HIKE	EXTENDED HIKE SOUTHBOUND
T.M.R SHOPPING CENTER	↓ 7:45 AM	↑ 8:15 AM	↓ 7:00 AM
QUEEN MARY & DECARIE	↓ 8:00 AM	↑ 8:00 AM	↓ 7:15 AM
ATWATER & STE. CATHERINE	↓ 8:15 AM	↑ 7:45 AM	↓ 7:30 AM

Bus returns one hour later in the afternoon



HIKING DIRECTOR: Gerry Bard 678-6886 -(TRIP INFO)
 HIKING ADMINISTRATOR: Diana Mc Dougall 487-4596 -(SIGN UPS)

Club descends to new depths!

Doug Wilson reports on CAVING adventure



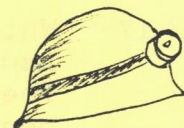
The weekend of February 14-15 marked a low point in our club's history, as we held a trial run for a new club program in cave exploration. Five members and a guide descended into dank subterranean chambers, slithered through cramped passageways, waded through underground streams, and witnessed the processes of cave formation in action. Cal Hindson originally suggested a club caving program, and performed a superb job of organizing an enjoyable, unique and memorable trip. Our guide, Serge Thiffault, gave us all the benefit of his considerable experience and enthusiasm.

The club visited three caves 20 miles southwest of Albany, New York. This area of escarpments and low hills, and, most importantly, limestone, is well known for its extensive caves. Unlike Canada, where many cave networks were destroyed by the latest ice-age, this area escaped the worst of the glacial onslaught. We stayed in a small, spartan but - comfortable hut overlooking a river valley, and very close to a major cavern. It is owned by a local speleological society.

The first site visited was the Clarksville Cave. Entrance was by a narrow passage making a contorted descent into a large chamber. From there, we followed an underground stream to a large, deep pool. A hibernating bat clung to the ceiling. A sidetrip into a tiny side passage required many tight squeezes to enter a 6' chamber. The Onesquataw Cave was next. This narrow, keyhole-shaped passage was entered by a horizontal portal that is the extension of a stream ravine. Water dripping from the ceiling had formed into bizarre icicles near the entrance. Because of especially hard and cohesive limestone, the stream had cut amazingly smooth walls.

Sunday's highlight was a visit to the 1/2 mile Schoharie Cave, very close to the hut. During the three-hour exploration, the group saw many small stalactites and stalagmites, as well as elaborately layered rock formed by centuries of chemical deposition. Although none of the caves required climbing techniques or deep wading, there was a lot of crawling and crouching. Navigating a narrow passage

Club members Cal (with gas tube inserted in neck) Francine (with both boots on), Doug (with eyes closed) and Diana (with zippers undone) join official cave guide, Serge Thiffault after their subterranean sortie. Photos by Phil Moorehouse, also a caving expert.



101K: This area of escarpments and low hills, and, more importantly, limestone, is well known for its extensive caves. Unlike Canada, where many cave networks were destroyed by the latest ice-age, this area escaped the worst of the glacial onslaught. We stayed in a small, spartan but - comfortable hut overlooking a river valley, and very close to a major cavern. It is owned by a local speleological society.

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after their subterranean
Sortie. Photos by
Phil Moorehouse, also a
caving expert.



India, anyone?

A small group of people, including two club members, is planning a Himalayan trekking adventure this summer. If you are interested in joining them, please call

PAT D. 481-7034
or ARVIN 735-8154.

Voyages Aqua- Who?

In compliance with the provincial Consumer Protection Act, the club has arranged to book all hiking trips through VOYAGES AQUANAUTES, a travel agency in St. Bruno (south of Montreal). So far, they have been extremely helpful and have assured us of "top of the line" buses and service. Their commission comes from the bus company, not your cheque. If you need a helpful travel agent, call Guy at 461-0110 (local call).

SPELUNKING - MAY and AUGUST

P. 7

Just how low can You go ?? You can find this out under the watchful eye of a professional guide recommended by La Société québécoise de spéléologie. Yes... we're talking about "spelunking" or "caving".

Come on a weekend trip to the beautiful Schoharie area in New York State. Explore what you feel like exploring amongst a large selection of naturally-formed underground corridors and rooms which have been cut out of limestone by subterranean streams over the ages.

Come and see the sculptured rock formations and the beginnings of stalactites and stalagmites. Learn about "calcite" and "flowstone".

Benefit from the exercise which is mainly hiking with a blend of other forms of mobility-crawling, scrambling over a rock, crab-walking, wading, and a special experience in mobility called "opposition". Those who want some simple climbing, may choose to do that.

Especially if you've never done caving before, it's guaranteed to be different **AND NO EXPERIENCE IS NECESSARY.**

So bring your sleeping bag and sleep in the rustic cabin (wall to wall mattresses on the second floor), or outside on the veranda, or pitch your tent in the beautiful pine grove.



For information call:
Diana McDougall
487-4596
Cal Hindson
655-9983

Short list of what you need to bring:

NO EXPERIENCE NECESSARY

High rubber boots for wading, rubber gloves, old clothes for inside cave (8° Celcius), flashlight, sleeping bag; your lunches, plate, cup, and cutlery; waterbottle.

The two and three-day weekends include:

- Expert guide Serge Thiffault who knows all the caves and will provide you with what you need and want to know.
- Transportation by small bus, chauffeur-service.
- Simple cabin (with wood stove) and pine grove (tenting option)
- All breakfasts & dinners (2 or 3 days)

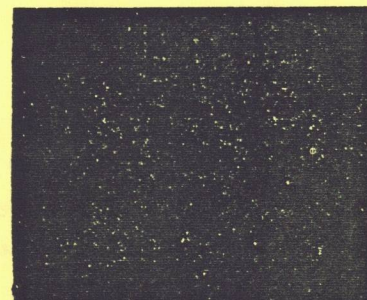
- 6 Helmet (for those who need).
- 7 The beautiful Schoharie countryside.
- The experience of caving!
- The fun of experiencing this all with 12 club members plus guide.

Join the fun on the following caving weekends:

May (8), 9, 10	\$60.00
May (15), 16, 17, 18 (long weekend)	\$70.00
August (7), 8, 9	\$60.00

Trip *

- ①
- ②
- ③



Schoharie Cave. Serge, the guide is by the stalactite on the right. The group marries at the overhanging...

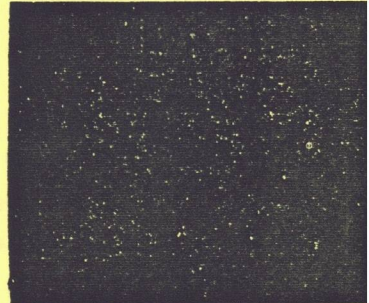
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The experience of caving!
The fun of experiencing this all with 12 club members plus guide.



Schoharie Cave. Serge, the guide is by the stalactite on the right. The group marvels at the overwhelming all-encompassing darkness that comes when the lights are extinguished.

Join the fun on the following caving weekends:

May (8), 9, 10	\$60.00	Trip # ①
May (15), 16, 17, 18 (long weekend)	\$70.00	②
August (7), 8, 9	\$60.00	③

Departure Friday evenings at 7:30 (Atwater)
Returning last day of weekend at 7:00 p.m.

Groups are limited to twelve (12) participants!! So it will be "first come first served". Reserve a place now with your \$25 deposit (non-returnable). For both May trips, full payment should be made by April 10 and mailed to Club address. For the August trip, full payment is due July 6.

VOLLEYBALL

and fitness continues at Westmount High School
6-8⁰⁰ Tuesday evenings. Contact Tony Neville, or just show up!

SUMMER VOLLEYBALL

is planned for those gorgeous summer evenings! Contact Monicka Maleeka ☺

CYCLING - JUNE, JULY, AUGUST



CYCLING SATURDAY CYCLING SERIES CHOOSE 2 OR MORE!

Come cycle with us this summer!

We have 4 trips planned - 2 in Vermont and 2 in Quebec. Our trips are designed for beginner / intermediate enjoyment with longer options for "roadrunners". Pick a package of 2, 3, or 4 trips. We will have maps available on the bus, with the routes varying in length from 15 to 60 miles. Most routes are picked for traffic-free and scenic rides through the country. The bicycle trailer holds only 34 bikes, so the "first come and signed" will have a seat on our reserved bus.

Cost per trip- \$20.00 each

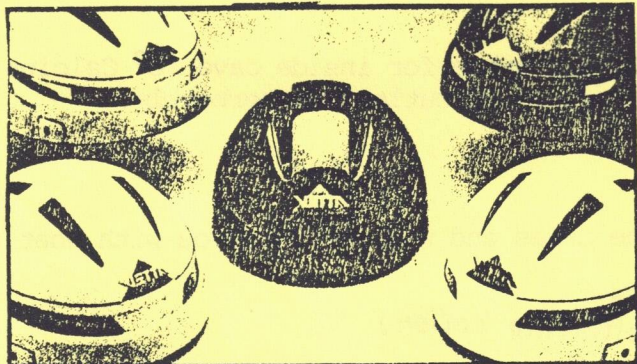
DESTINATIONS

TRIP #

- ① JUNE 13 - MAGOG, AYERS CLIFF, ROCK ISLAND ROUNDABOUT (QUEBEC)
- ② JUNE 27 - BELVEDERE CENTER, WATERVILLE, JEFFERSON, CAMBRIDGE (VERMONT)
- ③ JULY 11 - LAKE CHAMPLAIN ISLANDS (VERMONT)
- ④ AUGUST 22 - HEMMINGFORD, COVEY HILL, ORMSTOWN, HAVELOCK (QUEBEC)

We will have bicycle clinics at Peel Cycle starting in May on cycling safety, minor repairs and equipment. No charge. We will announce the day and time at a later date. *Indicate your interest on the registration form.*

CYCLING DIRECTOR: AL RAMSAY 486-8957



Remember:
The brain your helmet saves may be your own!
Wear one!

AN OVERNIGHT CYCLING TRIP may be arranged. Indicate your interest on the registration form.

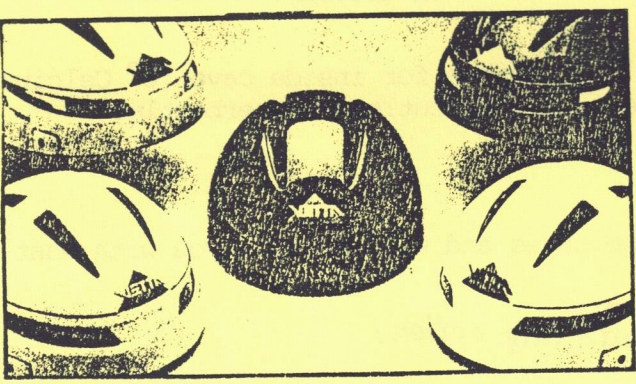
SUNDAY MAGICAL MYSTERY CYCLING TOURS of Greater Montreal will again be led by Don Hackett and friends this summer. Stay tuned for details!

CANOEING - LABOUR DAY

Wayne Waters and friends will be organizing a canoeing trip for Labour Day weekend - a great way to bid adieu to the summer! Some canoeing experience and the ability to portage at least half a canoe across all portages are prerequisites for this trip - plus a genuine appreciation of Chinese food (optional). Indicate preliminary interest on registration form.

safety, minor repairs and equipment. No charges. No change of date. No change of time at a later date. Indicate your interest on the registration form.

CYCLING DIRECTOR: AL RAMSAY 486-8957



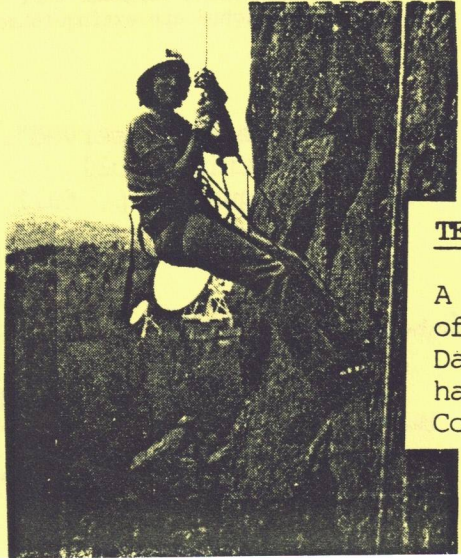
Remember:
The brain your helmet saves may be your own!
Wear one!

AN OVERNIGHT CYCLING TRIP may be arranged. Indicate your interest on the registration form.

SUNDAY MAGICAL MYSTERY CYCLING TOURS of Greater Montreal will again be led by Don Hackett and friends this summer. Stay tuned for details!

CANOEING - LABOUR DAY

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TECHNICAL ROPECLIMBING COURSE.

A weekend course in S.R.T. (Single Rope Technique) is being offered at \$35.00 per person (plus food & transportation). Dates will be decided by instructor and those interested in having this tenting weekend in the Trois-Rivières area. Contact Cal Hindson or Diana McDougall if you are interested, and indicate your interest on the registration form.

BACKPACKING - JULY & AUGUST

RANDONNERS TO HIT THE TRAILS ... BACKPACKING!!!

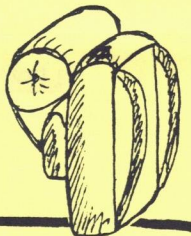
Find out why the Long Trail is really called the Long Trail by joining Don Hackett, Margaret Robertson, and other club members on a weekend backpacking trip this summer! Don and Margaret will be leading at least two trips on the weekends of July 31 - August 2, and August 28 - 30, and are inviting both beginner and experienced backpackers to join them. There is one hitch, however; only strong hikers who have proven their mettle on the longer trails of the Randonnee Aventure scheduled hikes will be welcome. "People MUST be in good shape," Don explains, "as we will be hiking approximately 20 miles in two days, carrying all our own gear."

Necessary equipment will include hiking boots, a good pack, sleeping bag and compact sleeping pad, rain gear (trips are a 'go', rain or shine) as well as the aforementioned strong legs. Stoves and tents will be shared among the group, so the novice needn't worry about them. Food will be arranged communally. The groups will be kept very small (from 6 to 8) because of ecological restrictions. Transportation will be by carpool; hikers will drive down to Vermont and stay in a motel on Friday night, hike Saturday, camp Saturday night, hike Sunday, and drive back by 7 or 8 o'clock Sunday evening.

One of Don's favourite stretches of the Long Trail is located in the Appalachian Gap area, near Wakesfield, Vermont -- either heading north over Burnt Rock and Camel's Hump to Jonesville (about 18 to 20 miles), or heading south towards Middlebury Gap... Margaret, who was unavailable for an interview at press time, may have other ideas.

Interested? Call either Don (487-3615) or Margaret (481-3126)
Other trips may also be arranged.

jo g.



For
Après-hike or Après-ski,
Randonnée Aventure
is proud to announce
its brand new book:

"HAPPY HIKERS' HAUTE CUISINE"

A Vera/Gisella/Rene Production

A practical, easy and funny
Cook book containing delicious
recipes ranging from dips to
desserts, through vegetarian

Limited edition!

\$ 8.00

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A practical, easy and funny
Cook book containing delicious
 recipes ranging from dips to
 desserts, through vegetarian
 dishes and menus for the trail.

Limited edition!

\$ 8.00

The book will "premiere" at our
Spring Party '88
of April 10th

It will be on sale for \$ 8.00
 (Profits will go to Sun Youth, Montreal)

SAMPLE
 COOKBOOK
 GOODIES
 ON
 APRIL
 10th!

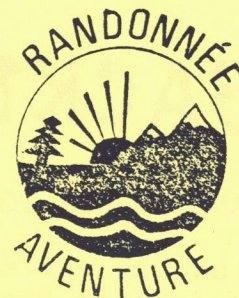
Don't miss it!
 It'll sell
 like hot
 cakes!



RANDONNÉE AVENTURE
DAY HIKER'S CHECKLIST

P.10

P.10



ESSENTIALS

- _____ ID for the border, and some money
- _____ At least one litre of water, preferably two
- _____ Rain jacket or poncho, and rain pants
- _____ Warm sweater (wool)
- _____ Wool hat and gloves or mitts
- _____ Lunch and a nutritious snack
- _____ Map (know how to read it!) and compass (ditto!)

SUGGESTED OTHER ITEMS

- _____ Small first aid kit, matches, whistle, flashlight
- _____ Insect repellent (spring and summer)
- _____ Sweatpants, spare shirt and socks in a plastic bag
- _____ Sunglasses, sunblock, hat or bandana
- _____ Gaiters
- _____ Camera, binoculars

LEAVE ON THE BUS

- _____ Comfortable shoes
- _____ Complete change of clothes
- _____ Warm sweater
- _____ A snack

WHAT TO WEAR

- _____ Wool socks -- always, always always! (*Thin inner socks, too*)
- _____ Sturdy, well broken-in hiking boots or good walking shoes
- _____ Shorts (preferably) or roomy, comfortable pants (never jeans!)
- _____ Polyester or polypropylene or wool blend shirt (cotton gets soggy and cold when wet)

REMEMBER

_____ Warm sweater

_____ A snack

WHAT TO WEAR

_____ Wool socks -- always, always always! (*Thin inner socks, too*)

_____ Sturdy, well broken-in hiking boots or good walking shoes

_____ Shorts (preferably) or roomy, comfortable pants (never jeans!)

_____ Polyester or polypropylene or wool blend shirt (cotton gets soggy and cold when wet)

REMEMBER

_____ Bright clothes attract blackflies and mosquitos

_____ Mountains attract fools and bad weather. Don't be the former, prepare for the latter!

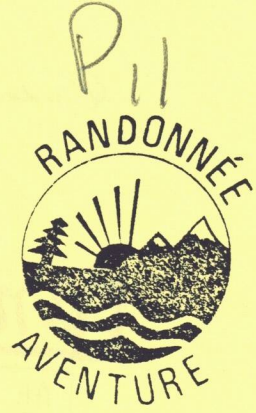
_____ Assume that you will get soaked to the skin, and cold. Always leave dry clothes and a change of shoes on the bus.

_____ Always hike with at least three other people, never alone.

_____ Line the inside of your pack with a garbage bag to keep things dry. Double-bag your vital gear (see ESSENTIALS).

_____ Never drink the water in streams, no matter how pretty. Carry extra water (not sweet drinks).

----- Prepared by Don Hackett & Kathy Maclean



RANDONNÉE AVENTURE REGISTRATION SPRING - SUMMER - FALL, 1987

- ✓ Please print clearly in black or blue pen
- ✓ Make a copy of blank copy and give to a friend!
- ✓ All participants must join club (\$15/yr.) and sign waiver (over)
- ✓ No refunds on day trips or deposits. We will help you find a replacement whenever possible.

NAME: _____ HOME PHONE: _____ BUSINESS: _____
 ADDRESS: _____

 POSTAL CODE: _____

HIKING

Please refer to 1987 hiking schedule, then your choice of 5 or more hikes. Hike more Rebates apply to the number you have hiked by end of season. Make out separate cheque for hiking trips only to VOYAGES AQUANAUTES INC.

- HIKE NUMBERS:
 #1. #2. #3. #4. #5.
 #6. #7. #8. #9. #10.
 MAXI MAXI

TOTAL HIKES _____ @ \$20.00 = \$ _____
 5 HIKES - \$100.
 6 HIKES - \$120.
 7 HIKES - \$140.
 8 HIKES - \$160.
 9 HIKES - \$180.
 10 HIKES - \$200.

MADE OUT TO

 Voyages Aquanautes Inc.

SAMPLE
 March 29, 1987
 TO ORDER OF Voyages Aquanautes \$160.00
 Sum of One hundred + sixty - 00/100
 (RE: RANDONNÉE AVENTURE) HIKES
 J.R. Hiker

SEND THIS CHEQUE TO THE CLUB WITH THIS FORM, WAIVER, MEMBERSHIP, AND

CYCLING

Please refer to the 1987 cycling schedule, then your choice of 2 or more trips. Figure out your total and add any other costs below; make this cheque out to good ol' RANDONNÉE AVENTURE.

- CYCLING TRIP NUMBERS #1 #2 #3 #4

TOTAL CYCLING TRIPS _____ @ \$20.00 = \$ _____

- I am also interested in:
 weekend (overnight) cycling trip
 beginner's cycling clinic (repairs, equipment)
 intermediate cycling clinic (" ")

- 1 TRIP \$20.
 2 TRIPS \$40.
 3 TRIPS \$60.
 4 TRIPS \$80.

CYCLING TOTAL

CAVING

Please refer to the 1987 caving/spelunking schedule, then your choice of any of the trips listed. Please make a note of the balance due, and the dates these are due, and send \$ in promptly. See note above re: refunds.

- CAVING TRIP NO. #1. \$25 DEPOSIT ENCL. [BAL. \$35.00 APRIL 10]
 #2. \$25 DEPOSIT ENCL [BAL. \$45.00 - APRIL 10]
 #3. \$25 DEPOSIT ENCL. [BAL. \$35.00 - JULY 6]
 TOTAL>.....>.....>.....>

\$ _____
 CAVING TOTAL DEPOSITS

- I am interested in technical rope climbing and would prefer a
 May June July August date.

BACKPACKING

I am interested in a backpacking weekend and will be a model of fitness and strength

- I am also interested in:
- weekend (overnight) cycling trip
 - beginner's cycling clinic (repairs, equipment)
 - intermediate cycling clinic (" ")

@ \$ 20.00 =

1 TRIP	\$ 20
2 TRIPS	\$ 40
3 TRIPS	\$ 60
4 TRIPS	\$ 80

CYCLING TOTAL

CAVING

Please refer to the 1987 caving/spelunking schedule, then your choice of any of the trips listed. Please make a note of the balance due, and the dates these are due, and send \$ in promptly. See note above re: refunds.

- CAVING TRIP NO. #1. \$25 DEPOSIT ENCL. [BAL. \$ 35.00 APRIL 10]
- #2. \$25 DEPOSIT ENCL [BAL. \$ 45.00 - APRIL 10]
- #3. \$25 DEPOSIT ENCL. [BAL. \$ 35.00 - JULY 6th]
- TOTAL>.....>.....>

\$

CAVING TOTAL DEPOSITS

- I am interested in technical rope climbing and would prefer a
- May
 - June
 - July
 - August date.

BACK PACKING

I am interested in a backpacking weekend and will be a model of fitness and strength for

- July 31st
- August 28.

CANOEING

I am interested in the Labour Day canoe trip and can portage at least half a canoe the required distances. I prefer

- Sechuan
- Mandarin
- Cantonese style.

MEMBERSHIP


Annual membership - April '87 -> May '88 \$15.00 -> \$

Good for discounts at selected stores.

X-C ski memberships good 'til Nov. '87.

Includes card, button, and Randonneurs.

MEMBERSHIP

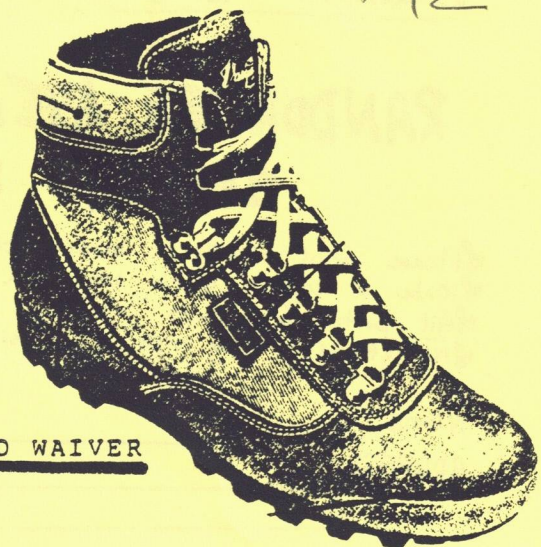
See over! 

TOTAL for CYCLING, CAVING, & MEMBERSHIP. \$.00

THIS CHEQUE MADE OUT TO RANDONNÉE MONTAINE

randonnée aventure

All new and old members, please complete and sign.



APPLICATION FOR MEMBERSHIP AND WAIVER

TO: RANDONNEE AVENTURE (the "Club")

I, _____, hereby apply for membership in the Club, which I understand is a not-for-profit corporation directed and administered by non-professional volunteers. I understand that the objects of the Club are, among other things, to facilitate participation by members in wilderness and other recreational activities and that participation in such activities involves high risk of personal injury or death.

I hereby confirm that my participation in any activities organized by the Club shall be at my own risk and upon my own responsibility. I hereby assume all risks of such participation, including all risks related to travel. I understand that neither the Club nor any of its members, directors, officers, servants, agents or other representatives has any expertise in connection with such activities and that I am solely responsible for determining my ability to participate in such activities. I hereby renounce to any claim of whatsoever nature against the Club or any of its members, directors, officers, servants, agents or other representatives, in respect of personal injury or death, or damage to or loss of any of my property, arising out of or resulting from my participation in such activities, whether or not due to the negligence of the Club, or any of its members, directors, officers, servants, agents or other representatives.

DATE

SIGNATURE

DEMANDE D'ADHESION ET RENONCIATION

A: RANDONNEE AVENTURE (le "Club")

Je, _____, demande par la présente de devenir membre du Club, lequel je reconnais être une corporation à but non-lucratif dirigée et administrée par des volontaires non-professionnels. Je reconnais que les buts du Club sont, entre autres, de permettre aux membres de participer à des activités en nature sauvage, ainsi qu'à d'autres activités récréatives et que telle participation comprend des risques de blessures corporelles ou de mort.

Je confirme par la présente que ma participation aux activités organisées par le Club sera à mes propres risques et à mon entière responsabilité. J'accepte par la présente tout risque d'une telle participation, y compris tout risque relié au transport. Je reconnais que ni le Club ni ses membres, administrateurs, dirigeants, agents ou autres représentants, ne possèdent l'expertise relative aux dites activités et que c'est à mon entière responsabilité de déterminer ma capacité à y participer. Je renonce par la présente à toute réclamation de quelle que nature que ce soit contre le Club, ou ses membres, administrateurs, dirigeants, agents ou autres représentants, tant en ce qui concerne les blessures corporelles ou la mort, ou des dommages ou la perte de mes biens, provenant ou résultant de ma participation

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DATE

SIGNATURE

- Not: {
- Complete form and waiver
 - Make out hiking cheque → Voyages Aquarantes
 - Make out cycling/caving/membership cheque → Randonnée Aventure

- THEN, either {
- come to SIGN-UP NIGHT
 - mail in to club address
 - bring to April 10th meeting/party

Thanks! 😊

**RANDONNÉE AVENTURE
BOX 1102 SNOWDON
MONTREAL QUEBEC
H3X 3Y2**



RANDONNÉE AVENTURE
355-5682

Spring Socializing



1987

MARCH
28

Saturday 2⁰⁰ pm.

SUGARING OFF PARTY - MONT ST. HILAIRE

Car pools to be organized. Come for some hearty French cooking with sugar pie, maple syrup & sugar on the snow.
Contact 355-5682, & leave message. \$12⁰⁰ ADULTS - all you can eat
\$ 6⁰⁰ KIDS (under 10).

APRIL
10

RANDONNÉE AVENTURE GENERAL MEETING & BIRTHDAY PARTY!



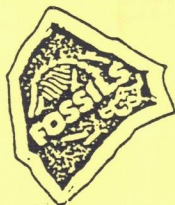
- 8:00** Annual general Meeting - Election of Directors and officers for 1987-88
Displays and sign-ups for hiking, cycling, caving, backpacking
- Unveiling of COOKBOOK !!! Autographed copies on sale!
- Sampling of cookbook recipes
- 9:00** First Birthday Party Real live (paid!)
Disc Jockey - Montreal's own Steve McConnell...
Birthday cake - Door Prizes!!!

THE ARMORIES, ROYAL MONTREAL REGIMENT
4625 ST. CATHERINE
Upstairs - Officers' Mess*
\$ 5.00 for all.

(*...when are they going to tidy it up?)

Bring your friends!!! Especially if they are of the
♂ male persuasion!

MAY
9



Saturday 8:00pm FOSSIL'S play (rumoured titles: "Rock & a hard place", or "Bust my soul its Rock & Roll") At the West Hill High School. Money made from the show goes to sending under-privileged children to summer camp. Very popular show
TICKETS \$12.00 PREPAYMENT REQUIRED.
CONTACT ELISE at 481-3126 in evenings to SIGN UP.
(TICKETS NOW AVAILABLE)

News Flash on Show Plot

A well known impresario, Ronald Q. Ronald, books the Forum to feature a well known rock group from England. The messenger charged with arranging this mission returns advising that the group cannot come. The show must go on so the messenger is advised to get three of his buddies who can yell and scream so the whole thing can be faked. Home to Balconville goes our messenger who recruits two buddies and his deaf father. Following a crash course in Rock & Roll they turn out to be an instant sensation after a great debut at the Forum leading to a touring engagement. The group eventually wins the "Georgie" Award exceed

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PS. MANY THANKS TO RETIRING
TREASURER RENÉ LEVY
FOR ALL HER WORK THIS
YEAR! 😊

PPS. FAREWELL,
AND MUCHOS GRACIAS TO RETIRING
VP. PATRICK GLOZIEUX,
WHO IS MOVING TO OTTAWA! 😊

SOCIAL DIRECTOR: ELISE BRAIS
481-3126

If not delivered, please return to:
Randonnée Adventure
Box 1102 - Snowdon
Montreal, Quebec
H3X 3Y2



JOIN us!

Our second hiking season - 10 hikes, including 2 Maxi-hikes, 8 new destinations, Hikemore Rebates, and Super Hiker (Bo Derek) Awards!



Good bye and good luck,
Patrick and Vivienne!
Thanks for all your work!