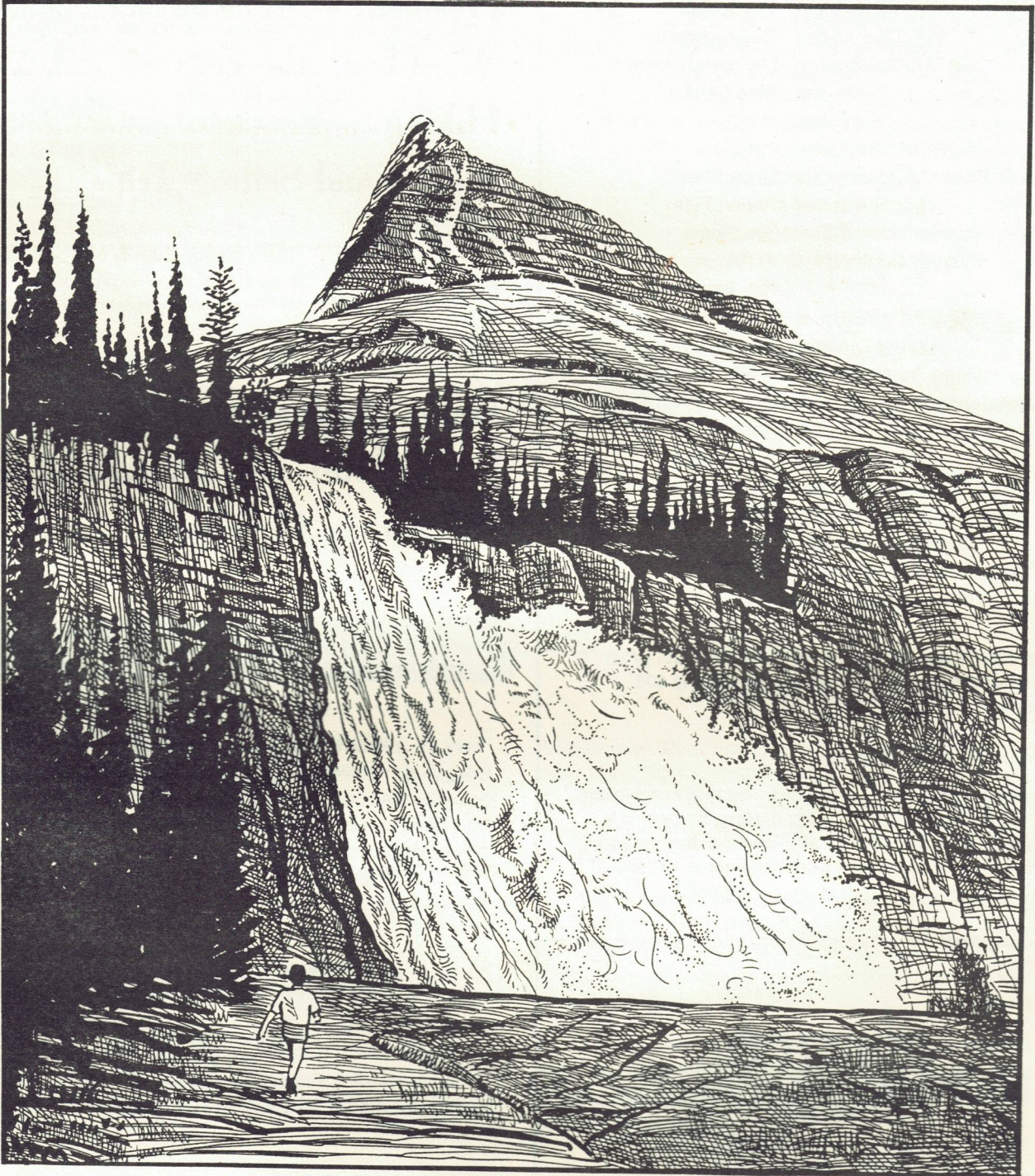
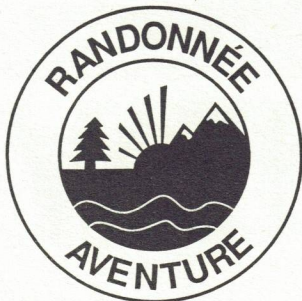


RANDONNEWS

Published by Randonnée Aventure
Montreal's Friendly Outdoor Club

Spring 1993





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Randonnée Adventure, founded in 1985, is a non-profit year-round outdoor club for adults, with nearly 400 members.

Randonnée Adventure offers:

- Saturday, and some Sunday bus trips to prime cycling, hiking and cross-country skiing destinations within a two-hour drive from Montreal. Trips are designed to accommodate all levels – from beginner to expert.
- Long weekend getaways.
- Frequent social events such as picnics, barbecues and parties.
- And more...

Randonnée Adventure
P.O. Box 1102, Snowdon
Montreal Quebec H3X 3Y2
489-0339

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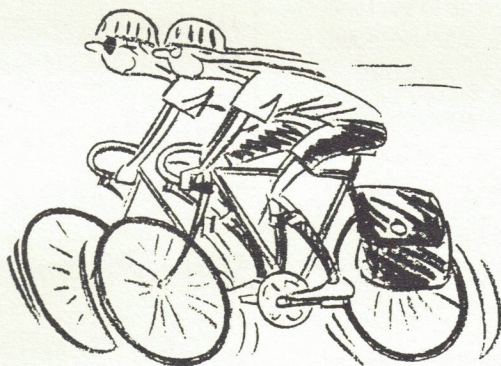


recycled paper

A Group in Action...

Being a member of a community means different things to different people. Some go about their business in a quiet way, neither getting involved nor bothering others. Some jump in head over heels to organize, and give endlessly of their time and enthusiasm. Then there are those who voice complaints and criticism, but never help where it's needed. Here in the Randonnée community, we are lucky to have very few encounters with that last category, and a pretty good mix of a combination of the first two.

RA, as a club, is a member of a number of communities. Our memberships provide benefits to others such as: The Canadian Ski Marathon — we partake of the annual marathon and give back support through fall maintenance of the marathon trail; and Public Hiking Trails — Quebec, New York, Vermont and New Hampshire all regularly provide free trails for our pleasure. RA returns the favour through maintenance of the Northern Section of the Long Trail in Vermont.



Our Cycling Committee is looking into the possibility of some community cycling work to benefit the less fortunate. This is a good step. Last year the Social Committee organized a blood donor clinic for our members to attend — another good example. Our Christmas party collects non-perishable food for Sun Youth to give to the needy.

There are many more opportunities for the club to give back to the communities to which we belong such as to the Montreal Urban Community. It has expanded its bicycle path network, but more can be done including better island access for two-wheeled commuters, and how about those potholes? Action group support works. How about to la belle province which has some good hiking trails, but many are falling to disrepair. Maybe you could whack some weeds?

Your suggestion could be the best RA community action yet. It's easy to take our opportunities and benefits for granted. What will you do for your community this year?

Jill Aspinall

WORD FROM THE EDITOR

With snow whirling about outside as I write this, it's hard to think about summer, but I guess it will arrive eventually. And when it does, so will a new season of activities: cycling, hiking, long weekend, plus a calendar of social events that only RA can create. Along with them will come new opportunities for stories and pictures for *your* newsletter, so keep it in mind when you set out into the hinterland on foot or cycle this summer.

This issue has some new contributors showing off their skills, both literary and artistic. Pete Malaguti is not only a new member, but an creative illustrator too (lucky us). He is responsible for our front cover drawing of Mount Robson, after a hiking trip he made out west. Irv Ellenbogen tells about the experiences of walking 1200 miles in Great Britain and Ireland

last summer. He doesn't say how many pairs of hiking boots he wore out... Jill Aspinall describes her winter vacation, and Sue Harris recounts a group expedition to Maine last summer. Many thanks to all of you, and also to Elise Brais for her typing and editing help.

If you would like to help out with your Club (including the Randonnews, of course), speak to any of the committee members, or check the appropriate boxes on the Registration Form. It's a great way to meet more Randonne'ers, and have fun at the same time.

If you want to contribute to the Fall Randonnews, keep in mind that September 15 is the deadline. Now let's hope the weather this summer is better than last year's, and I'll see you on the road or trail.

Tim Skene

THE DIRECTOR'S YEARLY MUDDLE

What to say, except this year appears to be developing quite nicely. A new item this year is the extended hike, with one in New York and another in Vermont. With longer than usual routes, they will add a new venture to the season. The overnight wilderness trip will also offer some new vistas that we don't get to see on a regular day trip. Other weekends this year include a *four*-day vacation at Gorham NH, and Labour Day will see us back at a now-favorite spot, Lake George NY.

This is my third year as Hiking Director, and for me, it has been an enjoyable and rewarding time. I hope everyone else finds some of the things they are looking for in life while on a Club trip. There are the usual problems though: too many good ideas, and not enough time, money or people to get them off the ground. But overall, this is a great Club, and we should all be happy to have it. So please volunteer, it's your Club.

Andrew Byrne

Outdoor Literacy

A Hiking Skills Workshop for All

Wednesday, May 5, 7 - 10 pm.

Atwater Library, 1200 Atwater, corner of Tupper

Randonnée Aventure presents the third annual hands-on workshop for everyone interested in improving and developing their skills and confidence while enjoying the outdoors during hiking season. Lectures, discussions and activities will take place on the following topics:

- Reading terrain and maps to find your way in the woods
- What to wear and to pack for a successful and safe hike
- Pacing yourself, planning a hiking strategy
- Hiker ethics - hiking with others for fun and safety
- Basic survival skills for day hikers
- Fitness preparation for the hiking season
- Books to read for additional information and enjoyment

Some handouts will be given out, including a day hiker's equipment checklist. Ample time will be available to answer questions and deal with the special concerns of all.

A practice map reading session will be held on Mount Royal, Sunday, May 9 starting in the morning for a couple of hours. Details will be available at the Workshop.

For more information and to register for the Workshop, please call the RA tape at 489-0339. There is no charge for this event.



RA Hiking Schedule

No.	Date	Destination	Rating
1	May 15	Mattawinnie/Sept Chutes, Que.	E M
2	May 29	Devil's Gulch, Vt.	E M D
3*	June 6	Ampersand/Haystack/Scarface, NY	E M D
4	June 12	Jay/Gilpin, Vt.	E M
5	June 19	Mt. Dix, NY (extended hike)	E M D
6	July 10	Mt. Mansfield, Vt. (extended hike)	M D
7*	Aug. 22	Ausable Lake, NY	E M D
8	Aug. 28	Mt. Chauve/Orford, Que.	E M D
9	Sept. 11	Tillotson/Belvedere, Vt.	E M D
10	Sept. 18	Montagne Noir, Que.	E M
11*	Sept. 19	Mystery Hike, USA or Canada	E M
12	Sept. 25	Adirondack Loj, NY	E M D
13	Oct. 2	Cascade/Porter/Blueberry, NY	E M
*Sunday		Ratings: Easy, Moderate, Difficult	

New Pickup Points, Old Prices

This year, the Hiking and Cycling Committees are changing the first pickup point from TMR Shopping Center to Decor Decarie, at Vézina and the southbound Decarie service road. The pickup at Queen Mary and Decarie is being kept for hiking only, due to its proximity to the Snowdon Metro. Bus departure times will be:

Decor Decarie 7:15 am

Queen Mary & Decarie 7:25 am

Atwater and Ste. Catherine ... 7:45 am

Again this year we are not increasing hiking trip prices; day trips including the extended trips will be \$24. After April 30, a \$2 surcharge must be added. Cheques postdated to August 1 for trips after August 1 will be accepted at the regular price up to April 30.

Remember: Acceptable ID (passport, citizenship card or birth certificate only) must be carried on all trips to the USA.

Late Season Hike via Car Pool

Some places are difficult to get to by bus, which makes them all the more interesting to some of us. RA will again be going to Laraway this fall by car pool, on October 16. Space will be limited by the number of available cars, so those without one should encourage those with to sign up early. Price for the trip will be \$12 per person, (drivers will be reimbursed for mileage). More details will be in the Summer Randonnotes.

Scouting Anyone?

The Hiking Committee is looking for help in scouting some destinations this year. Preference will be given to those also signed up for the trip to be scouted, since we want to increase the number of people who are familiar with that trip. If you are interested, indicate which ones on the registration form. We need all levels of skill, so don't be shy.

Date & Location:

May 8 Ampersand/Scarface/Haystack, NY
May 16 Devil's Gulch, Vt.
May 30 Mt. Dix, etc., NY (extended hike)
June 13 Stukeley/Orford/Chauve, PQ

Trip Leaders & Assistants

If you want to become more active in Hiking, there will be a meeting for volunteers. Please indicate if you are interested in attending on Wednesday, May 12 at 7:30 pm. The location will be announced on the tape the week before. The purpose of the meeting is to review procedures and responsibilities of trip leaders and assistants. It's not difficult, so come on out.

New - Extended Hikes

This year RA is introducing a new feature to day hiking: the Extended Trip. The bus will leave Montreal at the regular times and places, but will not leave until 7 pm from the destination and will finish the dropoffs by 10 pm. These trips are being held at the peak daylight times around the longest day of the year. The extra time will be used to hike on some trails which are normally too long (or we might get to stay a little longer at the pub). However, you will need to bring extra food for the longer stay, which you can leave on the bus to eat on the way back.

Quebec Trail Maintenance

This year members of RA will be assisting in the maintenance of a section of the National Trail which is adjacent to Lac Superieur. Intercentre, which coordinates this section, will also be looking for volunteers to pioneer a new trail, to link existing trails with Mont Tremblant and Tremblant Park. Since this activity is a new venture for RA, volunteers eager to learn about trail maintenance, are asked to sign up for this worthwhile project. Call the Club number and leave a message for me.

For information and/or brochures of the Quebec section of the National Trail contact La Fédération québécoise de la marche, CP 1000, Succ. M, Montreal, Quebec, H1V 3R2, 514-252-3157, or Réal Martel, 2389 rue Martel, Carignan, Quebec, J3L 1V7, 514-658-7434.

Mike Serniuk

Hike Canada

The National Trail Association of Canada (NTAC)/ Association canadienne du sentier national is dedicated to the creation of a hiking trail across Canada from coast to coast. Parts of the National Trail are existing hiking trails linked together, parts are newly created trails, and many parts are still in the planning stages. "Hike Canada" is published 6 times per year by the NTAC to provide information on the progress of the National Trail and discussions and info on other hiking issues. A brief article, "Developing the National Trail", in the December/January 1993 issue reports that one of the National Trail Board's mandates is to help decide where the trail should go. Sections of the trail presently being worked out are the BC-Alberta link and the NB-NS link. The "Sentier National au Québec" committee of "La Fédération québécoise de la marche" coordinates the Quebec section of the National Trail. The committee members include Réal Martel, coordinator; Roch Dufresne, secretary; Elaine Houle, treasurer; and Jean Clement, communications agent. They have produced a 24-page dossier entitled "Sentier National au Québec" as well as a one-page membership brochure with maps of the Quebec section of the National Trail and the entire trail across Canada.

Each issue of "Hike Canada" includes a section called "Masterhead" which states the objectives of the NTAC, membership fees, and subscription fees for "Hike Canada". The NTAC is a non-profit organization whose objectives are:

- to promote a national hiking trail system,
- to encourage the growth of local and regional hiking trails and clubs, to preserve places of natural and historic value,
- to promote healthy outdoor activities,
- foster interest in our natural and cultural heritage.

Annual membership fees are \$5 for individuals and \$10 for organizations. Annual subscriptions to Hike Canada are \$15 for individuals and \$25 for organizations. RA has paid its \$10 and is therefore now a member of the NTAC. The Gatineau Park section of the trail opened officially Labour Day weekend '92. This is a 55 km section running between Hull and Wakefield, (NE, on the Gatineau River).

The Quebec section of the trail runs from Hull - Laurentides - Lanaudiere to north of Trois-Rivieres and Quebec City - Charlevoix - Saint-Simeon - Riviere-du-loup - New Brunswick border. The map in the newsletter shows it going south into NB or south and west to join the Appalachian Trail. Currently the Trail's easternmost point is where Nova Scotia is closest to Newfoundland.

For more on maintaining and expanding the Quebec section of the Trail, see Mike Serniuk's note in this Random-news. For NTAC memberships and Hike Canada subscriptions write to: NTAC, Box 3098, Stn. B, Calgary, Alberta, T2M 4L6. The editor of Hike Canada is James Feeley, 240 Bruyere Street, Ottawa, Ontario, K1N 5E3.

Jennifer Scott

Conquering Mount Katahdin !

During July last summer we conquered Mount Katahdin, the highest peak in Maine. It's not really all that high, just over 5000 feet, so why all the fuss? Well, it's the Knife Edge, that one-mile stretch between Katahdin Peak and Pamola Peak, just slightly farther down, which attracted us all. The Knife Edge is very narrow for most of its length and in some places extremely narrow with a 2000 foot drop on either side. There are several routes to the top and the guidebook recommends going up Cathedral Trail and down the Dudley Trail. The trails make a circle which starts and ends at Chimney Pond Campground, where we were camped in lean-tos for the night. We first had to hike up Chimney Pond Trail to the Camp-ground from our cars, carrying the necessities for a week's living in the wilderness.

On our first day at the lean-tos we changed from back-packs to day-packs, and immediately started up via Cathedral Trail to face the Knife Edge while the outlook was good. Good weather is crucial, as the Baxter State Park rangers will prevent you from attempting the Knife Edge if the weather is poor. We slogged over immense boulders all the way up, and began the slow journey across the Edge just before the clouds set in. Some of us were caught before starting over the

Knife Edge and had to turn back, but others kept on going. The steep, sharp rocks were now just dampened by clouds and a faint drizzle which enveloped the peak and stole any views. Carefully placing one foot after the other we inched forward with a faint outline of a friend ahead or sometimes only a voice in the cloud for assurance that you had not been completely abandoned on the top. Although the breeze blew the mist away so that at times the drizzle faded to nothing and you could see the land far below, nevertheless your attention had to be rivetted on the next step. The plunge before climbing Pamola Peak signified the end of the Knife Edge, but by this time the clouds had rolled in again and we were dependent once more on the voices ahead to navigate the extremely steep steps.

At last, the end -- but not the end! The Knife Edge was over however the descent on the Dudley Trail had still to be

dealt with. Another gruelling couple of hours followed with almost every step requiring that you sit and dangle your leg to reach the boulder below. Of course, some were able to skip along but they are more sure-footed than I. A tremendous experience - and this was only day one of a five day trip!

Next morning the weather was not terribly cooperative. The Ranger asked that we continue our trip by descending Chimney Pond Trail and taking the lower level trail over to Russell Pond, where we had four campsites reserved for three nights. We obeyed, and since the Chimney Pond Trail led straight back to the parking lot, we were able to toss about five or so pounds of "necessities" in the car before continuing on to Russell Pond.



The trek over to Russell Pond Camp-ground provided us with our first high water crossing opportunity, quite a shock to a couple of us who were unprepared for it so late in the day after carrying so heavy a load so far! Wading through cold running water knee-deep on smooth slippery rocks while carrying 45 pounds was another challenge of the trip. As we knew there was only a mile or so left, a couple of us decided

to keep our boots on to wade while another one of us was much wiser and removed them. We learned from our mistake (no, we didn't fall in but it took our boots a couple of days to properly dry out - thank goodness they were dry days!) and on the return journey we crossed wearing our running shoes.

The three-day stay at Russell Pond Camp-ground allowed me time to recuperate (my legs were in severe pain from what I presume was a build-up of lactic acid due to not drinking enough during the hike) and some time for the others to trek around the beautiful trails emanating from the campsite. We shared close quarters with the local inhabitants of deer, moose, chipmunks and birds, ate our meals over our campstoves and listened to the Park Ranger's stories of former visitors to the area as well.

We hiked out and back to our cars on day 5, where we camped at Roaring Brook Campground for the night before driving back to town and the comforts of a local motel. That first night back we burrowed deeply into our soft mattresses and fell asleep with wide grins on our faces as we listened to the heavy downpour of rain hitting the roof. We didn't care, we were inside! It was a great trip and, I hope, the beginning of a tradition.

The intrepid conquerors were: **Gerry Bard, Clive Brewer, Richard Cox-Horton, Mike De Tracey, Karen Findlay, Betty MacNaughton, Monika Malecka, Maureen Robertson, Colleen Wilford**, and yours truly. Thanks, everyone!

Susan Harris

Hiking in the British and Emerald Isles

England is criss-crossed by approximately 13 long-distance trails, with the longest being 535 miles. In order to see the countryside in all its variety (and to sample the many kinds of "bitters" — the best of British beers), a hike along these trails provides the best approach. While I was there last summer, I was able to see such fascinating landscapes as moors, peat bogs, seascapes and even forests (yes, there are still a few tracts left).

The first trail that I walked was the Southwest Coastal Path (535 miles). It hugs the coastline of England from Poole, Dorset, swings around Land's End in Cornwall and ends up at Minehead, Somerset. One need not carry a heavy load if staying at an inn, B & B or a hostel each night. My pack included a tent and sleeping bag since, for economic reasons, I decided to camp out most of the time. In cool weather, when I wore a sweater and wool hat, I would encounter British hikers wearing an open-faced cotton shirt that looked like it just came out of the cleaners. Usually I wore shorts, and the Brits were in knickers and red socks. It didn't take them long to figure out that I was a foreigner. My walking stick — a ski pole — struck them as very strange indeed.

The Offa's Dyke Path (164 miles) winds its way through Wales, where the names of the villages seem to get longer and longer. When I had to stop for more food and water, I would catch a local bus to the nearest village. On one occasion, I tried to explain to the bus driver that I wanted a ticket to 'Llan-gollan'. He didn't understand what I was saying. I realized that I had grossly mispronounced the name. As a last recourse, I showed him the name of the village in my guidebook. Eventually, this became the standard of practice for me, as I was not able to pronounce the guttural double "L".

Life became easier when I reached the most famous trail in England, the Pennine Way (250 miles). The walking was quite relaxing, as the bog heaths were firm and dry, due to the summer drought. Normally, one would sink into the peat up to



the knees. I was warned many times about the hoards of hikers on the Pennine Way, but was pleasantly surprised to see so few people on the trail.

Scotland, and the West Highland Way (92 miles) had the best wilderness scenery. The hiking was fairly rugged, particularly along the eastern shore of Loch Lomond. Do try the 'haggis' — Scotland's national dish. At least it has some flavour. I couldn't say the same for much of the British cuisine.

Being in the fair city of Dublin was an experience — especially on the day of the 'hurling' finals. Hurling is a sport, somewhat akin to field hockey but more violent. The Irish pubs were bursting at the seams with humanity. All eyes were glued to the TV set, watching their favourite, the Kilkenny team playing Cork. Kilkenny, the underdogs, won and the streets of Dublin became a scene of festivities. After all this excitement, the calm and magic of the Dingle Peninsula was most welcoming. The Dingle Way (120 miles) was my last hike on a long-distance footpath, ending a memorable trip to the Isles.

Irv Ellenbogen

For those interested, the total distance walked was 1200 miles. It is best to get information on these long-distance footpaths at Stanford's, 12-14 Long Acre, Convent Garden, London WC2P 9LP. Among the many guides, the best are the 'National Trail Guide' series by the Countryside Commission.

Trail Maintenance 1993

Welcome! For many years now, Randonnée Aventure has been involved in maintaining trail along 10 or so miles of the Vermont Long Trail in what is called the Northern Section. Located near picturesque Montgomery Center, Vermont, our dedicated crew of trail maintainers works on the Long Trail near the Jay Peak area.

So what do we do? Under the auspices of Rolf and Sharon Anderson and the Green Mountain Club, RA has "adopted" this section of the 265 mile trail which extends from the Massachusetts Line to the Canadian border. It is one of the oldest long-distance hiking trails in the U.S. and was completed in 1930. The Trail upkeep is done by the GMC's local Sections. RA is one of over a dozen clubs whose responsibility is to maintain their designated stretch of this beautiful trail. Our members have "voluntarily sweated and sworn with axe, saw, clippers and other tools in the upkeep of designated parts of the Trail" (Guide Book of the Long Trail, 1990, Montpelier, Vt., pg. 11).

We have a dedicated group of trail maintainers who volunteer up to four weekends each year in this pursuit. RA helps to subsidize these weekends, and with a lot of heart and soul the work somehow gets done. We confidently clear water bars, cut down and clip overgrown nettles and vines, clear "blow

downs" off the trail and occasionally reroute sections of the trail in an attempt to live in synergy with our hyperactive beaver colony. And it's a lot of fun! We even had a chance to develop more skills this past year with the help of the GMC Northern Roving Trail Crew who helped us move a loo! Up-coming events include relocating an access route to our trail section, and tackling the difficult drainage problem on another.

Interested? You don't need to be skilled in maintaining trail but you do have to work hard and participate with a dedicated crew. The years of work have paid off, however, and our section of this trail looks better now than it ever did. The many hikers that have passed through our section have attested to this fact. The weekends slated for trail maintenance sessions this year are:

May 22 - 24 (Victoria Day Weekend)
July 10 - 11
August 14 - 15
October 16 - 17

So if you think you would enjoy this craziness, leave your number on the RA hot line or check the boxes on the Registration Form, and we'll be happy to get back to you.

Colleen Wilford

NORWAY NORDIC

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et plein air

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How to Buy or Sell a Day Trip

Fees for day trips cannot be refunded to anyone, for any reason. If you are unable to come on a trip, you may personally sell the trip to anyone you wish — a friend or relative. If this is not possible, we offer a service whereby we attempt to sell the trip to a member.

Once you have activated the RA service, you must not attempt to sell the trip on your own, which might result in double selling the trip. Priority will always be given to the person who bought the trip through the RA system. The procedure to follow is:

To Buy a Day Trip:

On Monday to Wednesday prior to the trip, call the Club number (489-0339), and leave a message. On Friday evening before the trip, call the Club number to listen to the names of people for whom there is a place on the bus. If you hear your name, show up with exact change or a cheque. We do not carry change. If you cannot make the trip, you are obligated to immediately remit the trip fee by cheque to the Club. **If you do not do so promptly, you will be "BLACKLISTED" and no longer permitted to use the Club's buy/sell service for the balance of the season.**

If you do not hear your name on the tape Friday evening, you can go to the last pickup point with the correct payment and take a chance. (Atwater and Ste. Catherine for hiking; Atwater and Tupper for cycling, both before 7:45 am). You have a good chance of getting on the bus due to "no-shows".

To Sell a Day Trip:

On Monday to Wednesday prior to the trip, call the Club number (489-0339), and leave a message. RA will not call you back, but if a buyer is found, a cheque will be mailed to you for the amount that you paid for the trip.

Atwater Signup Night

The spring signup and information night will be at the Atwater Library, 1200 Atwater at Tupper, on Wednesday, April 7, from 5:30 to 8:30 pm. Come on down and talk to the Hiking and Cycling Committees about the season's trips, or send a friend who wants to find out about Randonnée Aventure.

Slide Presentation

The Montreal Field Naturalist's Club is holding a talk and slide presentation by photojournalist Ruth Williamson, on Wednesday, April 28, in the Redpath Museum, McGill University, at 8 pm.

The presentation is titled: "Winter Adventure in Norway", about Lillehammer, the site of the 1994 Olympic Winter Games. Lillehammer is north of the Arctic Circle, and is undergoing intensive preparation for 1994. Admission is free.

Discounts for RA

The following stores offer RA members discounts on regular prices. Present your membership card when you make a purchase.

Blacks Camping International
3525 Queen Mary Rd.
739-4451

VB Cycle Inc.
6344 Victoria Ave.
738-21201

The Trading Post
5385 Queen Mary Rd.
484-3447

Dr. Bike
559 Lakeshore Rd.
631-2198

Cascapedia Sports
263B St-Jean Blvd, Pte-Claire
694-6374

Norway Nordic
127 rue Ste Anne, Ste Anne de Bellvue
457-9131

McWhinnie Cycle Inc.
6010 Sherbrooke St. W.
481-3113

Sirens Ski Shop
6131 Sherbrooke St. W.
482-2734

Le Yeti Boutique Plein Air
5127 St-Laurent
271-0773

From the Directors...

Here we go again! Dust off your cycling shoes and make ready with the bananas! Soon skis will no longer be the best way of getting around and panic will set in as everyone realizes the state of their bikes. Be warned, we're off to an early start this season with our first day trip on May 1st to St. Albans, Vt. This is followed by nine other tremendous trips in Vermont, New York, and Quebec. Again, we have incorporated a Mystery tour. At this stage of the season, it's even a mystery to us where we might be going! We can confirm that air travel is not involved, and we will be travelling by bus!

An essential ingredient of our trips is that they are thoroughly scouted in advance. Join us if you like on some scouting expeditions (see dates on page 20). All levels of ability are welcome, and even essential to properly scout a locale. Don't tell everyone but scouts are also fun! Call the Club tape and leave a message for Ray or Al. We'll return your call and answer any questions you may have.

Please note the separate article in this issue on the new pick-up points and times. These changes were prompted by safety concerns, as well as making the most of each trip by spending more time at our destination. Your cooperation and assistance is essential in implementing these changes.

Our bike trailer holds 40 bikes. As mountain bikes take up more room, there may be times when they cannot be accommodated. However, the only time we've left a bike behind is when the rider shows up without a helmet. Cycling helmets are mandatory - no one will be allowed on the bus without one!

If you're new to the Club and have more questions than answers, give us a call and we'll be happy to answer any queries. We look forward to cycling with you this year, so come out and join in the fun! Some of the most scenic areas in this part of the world await you. You can enjoy them in the company of like-minded, fun-loving people!

Al Ramsay
Ray Stevenson

New Pickup Points & Prices

This year, the Hiking and Cycling Committees are changing the first pickup point from TMR to the Decor Decarie Shopping Center, at Vézina & Decarie. The Queen Mary point remains for hiking only. Please note the new times:

	Bus arrives	Bus departs
Decor Decarie Shopping Centre	7:00 am	7:15 am
Atwater & Tupper	7:25 am	7:45 am

Ensure that you are there at the bus arrival time, with your bicycle ready to be loaded on the trailer.

Trips are \$25 each, except nos. 8 & 10 which are \$28. After April 30, a surcharge of \$2 per trip applies to all prices. For trips after August 1, cheques postdated to August 1 will be accepted at the regular price if received before April 30.

For US trips, a passport, citizenship card or birth certificate must be carried by all cyclists.

1993 Cycling Trips

No.	Date	Destination
1	May 1	St. Albans, Vt. Gentle rolling hills combined with scenic views of Lake Champlain make this a terrific start to the season.
2	May 8	Enosburg Falls, Vt. Pleasant terrain with easy hills. Just south of the Canadian border. Beautiful views of Lake Carmi.
3	May 16 (Sun.)	La Petite-Nation, Que. Last year's Mystery Tour Sunday took RA to this area north of Montebello for the first time. The feedback was so positive, we are duty-bound to make room on our schedule for a return visit! Beautiful scenery, panoramic views and it's right here in Quebec!
4	June 5	Keeseville, NY Lake Champlain to the east, the Adirondacks to the west, and you're in the best of both worlds.
5	June 19	Barton, Vt. Breathtaking views of Lake Willoughby and Burke Mountain await you in northeast Vermont.
6	July 10	Meecham Lake, NY Have a terrific day cycling, then relax on the beach or have a swim at the State Park. Don't forget your sunglasses, suntan lotion, and swimsuit.
7	Aug. 21	Hyde Park, Vt. Picturesque countryside around Stowe. Enjoy pleasant cycling through the valleys in this beautiful area of Vermont, with its scenic views of Mt. Mansfield.
8	Aug. 29 (Sun.)	Mystery Tour, Can/USA. We invite you to join us in our third annual Mystery Tour. We will visit a spot we haven't been to for a few years, or go somewhere completely new. The format of this tour is completely at the discretion of the Trip Leader. Throw caution to the wind and have some fun!
9	Sept. 11	North Troy, Vt. Join us to take in the fall colours in this area just across the border. Rolling hills, spectacular views of Lake Memphremagog and Jay Peak — these are just a few of the delights in store in this beautiful area.
10	Sept. 25	Dunham, Que. This year our end-of-season trip takes us to part of the Eastern Townships renowned for its wineries. Come along and enjoy fall colours, beautiful countryside, and your RA friends. A party-like atmosphere has been known to break out on end-of-season trips. Be warned!

Cyclists - pickup points and times have changed!

This year, due primarily to a growing concern over safety at our pickups and dropoffs at Queen Mary Road, we have decided to replace the TMR and Queen Mary locations with one at Decor Decarie Shopping Centre. It is located on Vezina, just west of Decarie. (see map below)

Also, please note our revision to the pickup times. This was done because we have fewer pickup points, and to facilitate a speedier exit from our fair city! More "quality cycling time" at our destination is the object of this exercise!

So, be there at the scheduled bus arrival time or you may feel the heat of 39 pairs of eyes burning into your back!

All cyclists should be at the pickup locations at the scheduled bus arrival time with their bicycles ready for loading. Please remove all panniers, bottles and pumps.

We understand that these changes will affect some more than others, but we believe that the aims — to improve safety and extend our cycling time — are for the benefit of all cyclists. Your cooperation and assistance is essential in making the changes work.

*Ray Stevenson
Al Ramsay*

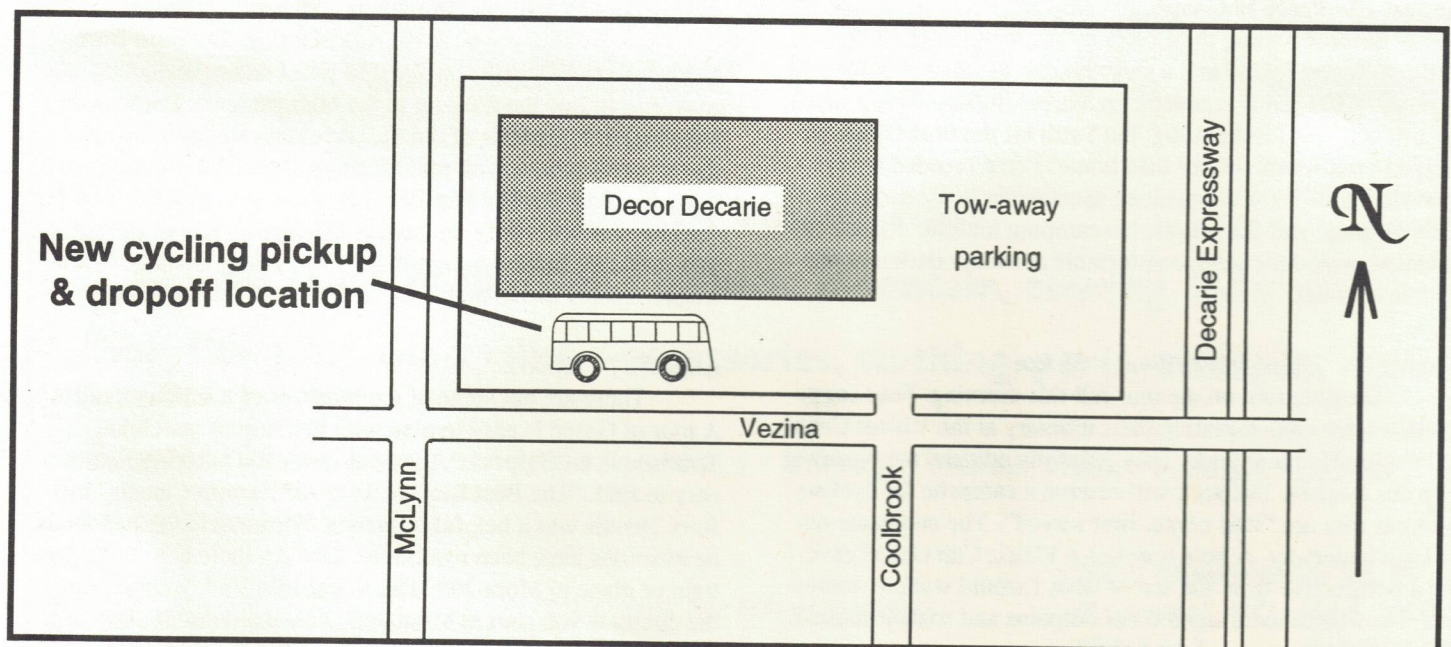
Cycling Trip Leaders Briefing

The Cycling Committee will hold a meeting on Wednesday April 28, at 4527 Melrose Avenue in NDG, from 7 - 9 pm, to brief prospective trip leaders and administrators on how to lead or administer a day trip. Hope you will join us and learn what is involved in planning these trips. For more information, please call Al Ramsay at 486-6019.

Cycle Clinic

Sunday, May 2

May is the time of year we start thinking about cycling and what condition our bikes are in. If you have not indulged in a new two-wheeler with high-tech components and are not afraid to get some grease on your hands, bring your bike over to the clinic. Knowledgeable mechanics will give you some tips on keeping your bike in good mechanical order. We want *you* to work on your bike, so bring along some old clothes. As in past years, there will be coffee and donuts. The clinic will be held from noon to 4 pm at Western Radiator and Autobody (Jim Mullet's place), on the corner of De Maisonneuve Blvd. West and Harvard Ave in NDG. Come along and bring a friend.



Diary of a Tour de Gaspé

Club cyclist Gail Tedstone takes us along on a trip she made last summer through the Gaspé region.

August 8 - Campbellton, New Brunswick to Bonaventure 122 km

My tour begins along the south shore of the Baie des Chaleurs with a view of the mountains of the Gaspé Peninsula beside me. At Dalhousie I will ferry across to Miguasha and climb one of those hills straight UP from the ferry dock. It was only a tease. The road then gently rolls along the coast and over capes. Carleton is a busy resort today with its annual regatta. The promenade is closed to car traffic and runs peacefully through a bird sanctuary where a colony of terns are nesting. New Richmond is the site of the Loyalist Heritage Museum, a labour of love by the local citizens that must be visited. Bonaventure is my destination tonight. The campsite is on the seashore, the moon is almost full and the Café Acadien has excellent seafood just a short hop over a fence away.

August 9 - Bonaventure to Percé 139 km

Detours through the villages give a glimpse of life along this coast: picturesque fishery at Paspébiac and stinky paper mill at Chandler. At Port Daniel the mountains meet the sea. Red sandstone cliffs are reminiscent of PEI and the Magdalens. Where is Percé? Aha! Côté à Surprise and the Rock looms before me. Tide is out. Just time enough to scramble out to the Rock before dinner.

August 10 - Percé to Gaspé 73 km

Before tackling the Côté à l'Aurore out of Percé, a tour to Bonaventure Island and a short hike to the gannet colony is in order. What funny romantic creatures! Bolstered with lunch, the hill was less intimidating, but I still hit the Post Office at Gaspé to mail some of my load home! Percé receded in my rear-view mirror for miles along spectacular la Malbaie through Coin du Banc and Barachois. No camping tonight. The CEGEP at Gaspé provides cheap, comfortable accommodation in the middle of town.

August 11 - Gaspé to Forillon 59 km

The only rain on the tour fell this morning. Four soggy cyclists were contemplating their itinerary at the Visitor Centre in Forillon National Park. They helpfully advised me to stay at Cap des Rosiers. The park will reserve a campsite for cyclists whereas cars are "first come, first served". The sun came out as I got underway. A boat tour to Le Vieux, Cap Gaspé gave me a perspective from the sea of what I would walk to tomorrow. No whales were sighted but dolphins and seals frolicked about.

August 12 - Forillon

Back to the other side of Cap Forillon. The hills are a piece of cake without a load. It was nice to hike for most of the day for a change of pace. A lone hiker had a bear story for me but I have nothing as exciting to report.

August 13 - Forillon to Grande Vallée 99 km

Hills and headwinds all the way through wilderness and spectacular hidden harbours.

August 14 - Grande Vallée to Ste. Anne des Monts 127 km

I'm told this side is the "real" Gaspé with cliffs and forests right down to the sea. No gentle farmland here. Route 132 runs beneath the cliffs along the sea for a flat 40 km. I could see seals on the rocks as I rode along observing the sea-gulls: herring gulls and black-backs but no black-legged kittiwakes in sight! If I had heeded the guidebook and gone clockwise I would have missed all this as I flew along at 30 km/hr with the wind at my back.

August 15 - Ste. Anne des Monts to Matane 98 km

Beyond Ste. Anne rolling farmland leads into Matane, a feast of shrimp and cod for dinner and a bed indoors at the CEGEP. The salmon climb the ladders past a dam here. Fishermen try to catch them as they swim up river but I'm told the fish starve on the way to spawn and won't nibble at the bait. Poor fishermen!

August 16 - Matane to Mont-Joli 98 km

I have all the time in the world today. The train from Mont-Joli doesn't leave until 11:30 pm. I detour away from the coast and follow the river up to the high pastures. Back on the coast again the curator of the St. Ulric train station museum shares some history with me. Métis-sur-Mer, the summer getaway for old Montreal families seems to have changed little for decades. Unfortunately the hedges obscure a view of the sea. The Jardin de Métis are crowded on this sunny Sunday. Warm weather plants thrive in the microclimate of the gardens.

August 17 - HOME!

These are but some of the musings of a solitary cyclist. A tour of Gaspé is easy to plan with the help of the Guide Touristique de Gaspésie. August is quiet and accommodation easy to find. "The Best Bicycle Tours of Eastern Canada" by Jerry Dennis was a helpful reference. Fortunately the bad roads he mentions have been resurfaced. Getting there is possible by train or plane to Mont-Joli. The Matapédia Valley completes the circuit if you start at Mont-Joli. Allow at least 10 days to ride the 885 km.



One exterior frame medium-size lightweight backpack for weekend overnight camping. Price: \$15. If interested, contact Susan Harris at 671-6244.



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Victoria Day Weekend

Hotel Coolidge, White River Junction, Vt.

(back by popular demand)

Friday, May 21 to Monday, May 24

Our first cycling weekend of this year takes us back to White River Junction, Vt. We had many requests to return to this area of Vermont, where so many enjoyed themselves last year. This area straddles the Connecticut River, offering many spectacular scenic routes for all levels of cyclists in both New Hampshire and Vermont. We are adding some new routes to cycle and explore, which promises to be very interesting.

Once again, we invite you to join us in the warmth, charm and hospitality of the Hotel Coolidge. Last but not least, we hope you will come and enjoy the experience of being with a group of like-minded cyclists for another great Randonnée Aventure Victoria Day weekend.



Those who don't want to experience a truly enjoyable holiday in the company of friends (or soon-to-be friends), need not sign up.

Cost: \$135. Non-members welcome, but they must also purchase an annual membership (separate cheque for \$25) at time of registration. All cheques are payable to Randonnée Aventure. Space is limited to 40 people, on a first come first served basis. Payment must be received to reserve your spot. For payments dated or received after May 3, add \$20.

Includes: Three nights accommodation, three full breakfast buffets, one dinner.

Transport: Car pool, leaving Friday night, returning Monday.

St. Jean Baptiste Weekend

Gorham, New Hampshire

Wednesday, June 23 - Sunday, June 27

With June 24 being a Thursday this year, RA has organized a 4-day St. Jean Baptiste Weekend, anticipating that many of you will also take Friday, June 25 as a holiday. For those who cannot do so, we have made arrangements for a 2-day weekend as well so that all who participate can join together for the Saturday and Sunday activities. All transportation will be by carpool, as arranged by the Club, and your driver will advise you the amount to be contributed towards the gas costs. The 4-day group will depart Wednesday, June 23 for the 4-hour drive and the 2-day group will depart Friday, June 25. Everyone will return on Sunday, June 27.

New cycling routes and hiking trails are being organized for beginners, intermediates and experts. Accommodation will be at the newly-renovated Tourist Village Resort right in central Gorham with indoor and outdoor pools, sauna, exercise facilities and squash court. Restaurants, local shopping and other attractions are within walking distance. The price includes all breakfasts at the Resort for the 4-day and the 2-day weekend as well as two dinners (Thursday and Saturday) for the 4-day weekend and one dinner (Saturday) for the 2-day weekend.

Thursday dinner will be at the Town & Country Motor Inn (one mile to the east) where live music will also be in store for dancing.

Saturday evening: An RA party at the Resort.

Check-out time Sunday: 12 noon. Luggage may be stored in the conference room and showers taken in the sports complex until 4 pm.

Price: \$170 for 4-day weekend, \$105 for 2-day weekend. Non-members must include a separate \$25-cheque for 1 year RA membership.

Deadline for payment: Thursday, May 16. Late registration supplement: \$20 per person

Volunteers needed: To arrange carpooling; telephoning; music for the RA party. To lend a hand, please call the Club number, 489-0339, and leave a message for Susan Harris who will contact you.

Wilderness Hiking Weekend

John's Brook Lodge, NY

Saturday, July 3 to Sunday, July 4

Join 23 of your RA friends for a retreat to the rustic John's Brook Lodge in the midst of prime hiking country in New York's highest peaks. (Rustic means no showers or electricity, and bunk-bed style accommodation.) Your backpack should contain a sleeping bag, pillowcase, change of clothes, water or water treatment gear and your lunch for two days. Dinner on Saturday night and breakfast on Sunday morning will be prepared by the crew at the Lodge, which is a 3.5 mile walk from the nearest road.

We will carpool down on Saturday morning, July 3, hike to the Lodge and around the area for the rest of Saturday and Sunday, before we hike out and drive home. The drive is about 2.5 hours, and you will be asked to contribute to your driver's carpooling costs. To participate, you don't have to be an expert hiker, but you should have some hiking experience. Space is limited to 24 people so hurry and sign up right away by sending in your cheque for \$65. Your payment must be received by June 5, or else a \$20 surcharge will apply.

Labour Day Weekend

Lake George, New York

Friday, Sept. 3 to Monday, Sept. 6

Since we enjoyed our visit to Green Mansions condominiums so much last July for our Canada Day Weekend, we are returning in September this year. The hikers had wonderful accounts of trails leading to beautiful vistas of Lake George and the area, and the cyclists wound their way on many lovely back roads. There are still many more trails and routes to be discovered, so we're making a return engagement to do just that. We will need condominium coordinators, meal coordinator(s) for the Saturday evening group dinner and carpool coordinator(s). Final details have not yet been worked out, but will be given in the Summer Randonnotes. So, think ahead and get ready for another superb Randonnée Labour Day Weekend.

Thanksgiving Weekend

Sugarloaf, Maine

Friday, Oct. 8 to Monday, Oct. 11

Yes! Thanksgiving Weekend will be spent at a new hiking destination in Maine. Plans are brewing now to stay at the Sugarloaf condominiums and hike the surrounding mountains. Transportation will be by luxury bus for this weekend of hiking only. The ingredients for our brew will be revealed in the Summer Randonnotes. Get out your Maine map and hiking guides to bone up on the area so that you'll enjoy it even more!

Smoking Policy

The vast majority of Randonnée Aventure members are non-smokers, and prefer a smoke-free environment. Members who smoke are requested to respect the preferences of other participants, or smoke where other members will not be affected.

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1993 Ski Director's Report

As this Cross-Country Ski season draws to a close, my thoughts are on next year's trips. I find it very helpful when my fellow skiers express their opinions on the Club trips. We are always looking for improvements and new destinations. This year we tried Mont Ste-Anne for the Weekend Getaway, as well as skating on the Rideau Canal and skiing in Gatineau Park at the beginning of Ottawa's Winterlude. Our 1993 wilderness ski weekend was to Papineau-Labelle Park. It was a limited-space trip for sixteen skiers who could ski 24 kilometers each way with a heavy pack. The reward for this venture was magnificent scenery and good camaraderie.

In spite of freezing cold and variable snow conditions, the Club participation was at an all time high; almost all trips were sold out. A great deal of the credit for this success belongs to the Club's volunteers. I wish to thank all the trip leaders and assistants: Mike, Ester C., Lucie C., Anne Mary, Susan, Monika, Cathy, Jan, Gerry, Mike Heitner, Betty, Elise, Pat, Phil D., Anne H., Hélène A., Gordon, Veronica, Rick, Brian, Diane L., Egon, Linda, Gail, Hélène M., Vivian, Jennifer and all the rest who helped. A special thank you goes to Susan Harris and Gail Tedstone for guidance in my first year as Ski Director.

Jim Mullett

The Canadian Ski Marathon - The Captain's View

For the third year Randonnée Aventure entered a Maxi-team in the Canadian Ski Marathon on February 13 and 14. And what a team it was! I have to admit, the weather cooperated and trail conditions were great. Saturday's maximum was about -4 C with light snow throughout the day and Sunday was sunny, -7 C with a light wind. It all added up to a wonderful weekend of skiing. A record 37 team members, 20 of whom were in the CSM for the first time, took advantage of fantastic conditions to cover at least 170 sections. (An average section is 16 km, so that adds up to about 2720 km.) Our top 20 finishers, whose total number of sections will be used to determine our team's placement, completed an incredible 120 sections. We are all waiting with bated breath for the final results from the CSM to see if we won the team award.

Individually, our skiers won 21 awards. **Phil Prince** picked up a gold medal for completing 8 sections; **Jill Aspinall**, **Gerry Bard**, **Karen Findlay** and **Monika Malecka** received silvers; and bronze medals went to **Daoud Aidroos**, **Clive Brewer**, **Andy Byrne**, **Margaret Dalziel**, **Mike DeTracey**, **Richard Epstein**, **Leon Ferrari**, **Robert Fyfe**, **Anne Harper**, **Mike Heitner**, **Jim Mullett**, **Diane Nymark**, **Jennifer Scott**, **Herb Srolowitz**, **John Tomasik** and **Wayne Waters**. Three Randonnée members, **Walter Nymark**, **Milton Hubsher**, and **Gail Tedstone** skied in the *Coureur de bois* category. Gail, who never fails to amaze me with her strength, both mental and physical, won her *second* gold bar award. This entails skiing about 170 km over 2 days carrying a 15-kilogram pack. On top of that, she didn't get to stay at the Chateau Montebello or the Best Western with the rest of us, but had to sleep outside on a bale of hay on Saturday night. A second Gold bar means that this is the third time that Gail has completed this feat. Gail was also awarded a trophy for being the oldest woman to finish the *Coureur de bois* event. Congratulations from all of us.

The Marathon is run entirely by volunteers, and for the last two years Randonnée has helped with trail maintenance. Gerry Bard was instrumental in organizing three Saturday sessions, where Club work crews cut brush and branches. All of us who skied the trails are grateful to Gerry and all who cleared the trails for your excellent work. Many thanks. On a personal note, this was my first year as Maxi-team captain and my first year in the Marathon. I enjoyed both of these new experiences and would like to thank all of those who helped and gave me advice. Special thanks to Karen Findlay who was with me every step of the way. As for next year, yes, I am going to do the marathon again. It is a unique event and offers something to everyone who participates; from those who want to go all out and test their limits to those recreational skiers who enjoy themselves with good company. Don't let the word "MARATHON" scare you. This is an event for all levels of skier, and I hope many more of our members will give it a try next year. I'll see you there.

Anne Harper



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A Wilderness Lodge Vacation

En route to Royal Gorge ski resort, we knew that we had made the right choice: you could barely see the top of the road signs in the snow banks! Yes, my friend Verna Lanctot and I were lucky to have chosen the Royal Gorge cross-country ski resort near Lake Tahoe, California where over 30 feet of snow had fallen before our arrival in late January.

As there is no access for vehicles, we were taken to the Wilderness Lodge by sleigh huddled under big sheepskin blankets. The promise of hot mulled wine and hors d'oeuvres beckoned us, however they were soon forgotten as we toured our lodge to find... no showers — they were down the trail in another building; and no ceilings — there were rooms, but the walls were only 7 feet high leaving a dorm-like ceiling. (Boy, were we glad that this wasn't a romantic getaway!)

Being resigned to make this a good vacation no matter what, we took our coats off and started into some rather tasty mulled wine sitting around one of the many fireplaces. This was followed by an excellent and hearty salmon dinner with more wine. The other guests (some of whom were repeaters, and others new, like us) were good company with varied interests, backgrounds and stories... and you know what? We started to have fun, and with all that snow in the middle of the Sierra mountains, and 317 km of groomed trails, the fun just kept getting better. The weather was superb with daily sunshine and temperatures around +10C.

Every day offered optional activities in addition to endless beautiful skiing. Stretching exercises in the large central living room opened the day at 8 am, followed a lavish full buffet breakfast. Packed lunches could be ordered for those spending the entire day on the trails, or you could return for hot soup, and a hot and cold buffet lunch. Ski lessons were held each morning, alternating days between classic ski techniques at 4 levels (basic beginner to expert), and ski skating or nordic downhill (basic or advanced through telemarking). The afternoon had guided ski tours for all levels, and a videotaping session of your ski technique (parallel, double poling, kick double poling and ski skating).

After such full days, the showers were welcome: the water was hot, the sauna and hot tub were handy, and who cares if you had to hang onto the chain (a la Hawkeye) for water. The walk back to the lodge wasn't long, and tea and fresh-baked cookies were waiting by the fireplace. At 6 o'clock we grabbed a mug of mulled wine, and sat down to watch an instructor review and critique the skiers on the afternoon video. What a great way to improve. After another excellent dinner, most of the crowd relaxed to read, play board games, or fall

asleep by the fire... but just in case you had energy, night skiing went out at 9 pm! What a super vacation. I can't say how wrong first impressions can be!

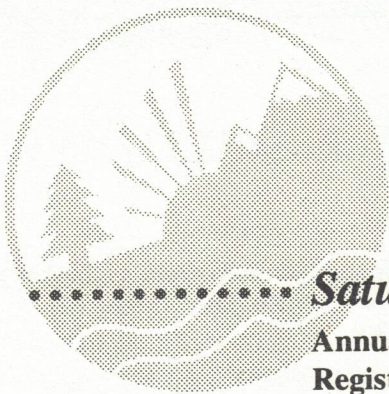
5 days lodging, 15 meals (with wine at dinner), 5 days trail passes, trail maps, ski school, video instruction and much more cost US \$446 per person (including tax and service). The local airport is Reno, Nevada.

Curious about cross-country ski vacations? Ask around in the Club. Many members have taken ski vacations both in and away from Quebec. Or read a cross country ski magazine — I found Royal Gorge through Cross Country Skier Magazine reader information service.

Jill Aspinall

*Verna Lanctot (l) and Club President
Jill Aspinall enjoy the sun at Royal Gorge,
California, while deciding which trail to ski...*





Social Stuff

Saturday March 27

Annual General Meeting - 8:00 pm sharp

Registration for the season's trips - 8:30-9:30

party..Party..PARTY- dancing till the wee hours!

Westmount's Royal Regiment, 4625 Ste. Catherine St. W.

Decorators most welcome at 7 pm.

Admission: \$5 with party food, \$10 without.

Our theme this year is **belts**, so put on your favourite belt or suspenders, whether they be old ones, new ones, sporty or *naughty* ones, elegant or exotic, fun or fantastic! Brace yourself to put some more good times under your belt.

For this event, you are invited to bring a party snack valued at approx. \$5. Stymied? Some suggestions: *dips (salsa, guacamole, hummus, cheese), crudités, cheese & crackers, fruit slices, party mix (eg nuts & bolts), canapés*. **No potato chips**, the Club will supply them. Please arrive with your food contribution ready to serve and on a platter with utensils if necessary.

Let's make this a spread to remember!



party..party..party

party..party..party

Friday April 16



Singalong at **Egon & Linda's** place in Roxboro, 2 blocks from the Roxboro train station. Featuring nimble-fingered Phil on the piano and your accompaniment. Bring your own refreshments and voice freshener.

Please call them at 683-2397 for details & directions.

Friday April 23

Add a new dimension to your life: **RA's 3-D IMAX** outing, see the double bill "**The Last Buffalo**", about the environment and wildlife of western Canada, and "**Fires of Kuwait**" at the IMAX in the Old Port of Montreal, corner of St. Laurent Blvd. and de la Commune Street. The show starts at 8:45 pm, so meet at the entrance to the theatre at 8:20 to buy your ticket and join us.

Price is \$11.50; \$7 for those 60 and over.

RSVP by calling Wayne at 488-6664 by Wednesday, April 21. Like to go for dinner first?

Let Wayne know.

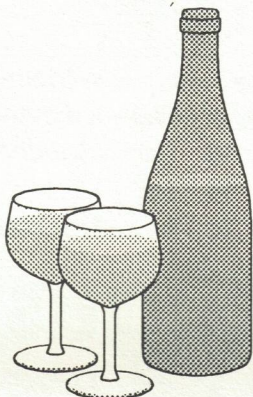


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Friday May 7

I can't tell the difference, can you? **Malcolm Anderson** will help us distinguish the lowly from the heavenly. What, you ask? What else but the fruit of the vine!

Our wine-tasting will take place at **Don's** at 7:30 pm. To RSVP, please call the Club number, 489-0339, by April 23, and leave a message to get directions. Cost will be based on the number of participants.



Saturday August 7

Slip-sliding away! Come to Pointe Calumet's Super Aqua Club with your RA friends and spend the day cooling off. There are picnic facilities, BBQs, 25 water slides, a natural lake with a beach, different game activities as well as good cycling terrain in the area. Price is \$13 for adults (includes taxes).

Carpooling will be arranged (about an hour's drive from Montreal) and you should contribute to gas expenses. Please RSVP to **Anne or Susan** via the Club tape at 489-0339 by Wednesday, June 16 so we can make a group reservation.



Sunday August 15

Revival of **Margaret's Corn Roast** in Howick. Salad, corn, coffee, and condiments all prepared for us by Margaret for \$5. Bring your own liquids, meat and buns for the BBQ, plus plate & cutlery. You might also like to pack your swimsuit and some games. Croquet anyone? Carpooling from **Atwater** at 1 pm, to reach Howick around 2.

Call ahead of time (489-0339, leaving a message for Margaret) to confirm your presence and to receive a map.



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RANDONNÉE CALENDAR

March

27 Sat Spring Signup, AGM & Party

April

1 Thu Executive Meeting
 7 Wed Atwater Library Signup Night
 9 - 11 Gorham, NH cycle scout
 16 Fri Singalong at Egon & Linda's
 17 Sat St. Albans, Vt. cycle scout
 17 Sat Enosburg Falls, Vt. cycle scout
 23 Fri 3-D Imax Outing
 24 Sat La Petite Nation, PQ cycle scout
 28 Wed Cycling Trip Leader's Meeting

May

1 Sat St. Albans, Vt. cycle
 2 Sun Cycle Clinic at Western Autobody
 5 Wed Outdoor Literacy, Atwater Library
 6 Thu Executive Meeting
 → 7 Fri Wine Tasting at Don's *QLA*
 8 Sat Enosburg Falls, Vt. cycle
 8 Sat Ampersand/Scarface/Haystack scout
 9 Sun Map Reading/Compass course
 12 Wed Hiking Trip Leader's Meeting
 15 Sat Mattawinnie/Sept Chutes, PQ hike
 16 Sun La Petite-Nation, PQ cycle
 16 Sun Devil's Gulch, Vt. hike scout
 21 - 24 Victoria Day Cycling Weekend
 22 - 24 Trail Maintenance Weekend
 29 Sat Devil's Gulch, Vt. hike
 → 30 Sun Mt. Dix, NY hike scout

June

3 Thu Executive Meeting *MIKES.*
 5 Sat Keeseville, NY cycle *C.B. SUSAN H.*
 5 - 6 Gorham, NH hike scout *2 cars 6-8 people*
 6 Sun Ampersand/Haystack/Scarface, hike
 → 12 - 13 Rideau Lakes Cycle Tour
 12 Sat Jay/Gilpin, Vt. hike
 13 Sun Mt. Orford/Chauve, PQ hike scout
 19 Sat Barton, Vt. cycle
 19 Sat Mt. Dix, NY extended hike *CLA*
 → 23 - 27 St. Jean Baptiste Weekend

July

→ 3 - 4 Wilderness Hiking Weekend
 8 Thu Executive Meeting
 10 Sat Meecham Lake, Vt. cycle
 10 Sat Mt. Mansfield, Vt. extended hike
 10 - 11 Trail Maintenance Weekend

August

5 Thu Executive Meeting
 7 Sat Super Aqua Club at Pointe Calumet
 8 Sun West Island Cycle Tour & BBQ
 14 - 15 Trail Maintenance Weekend
 15 Sun Margaret's Corn Roast
 21 Sat Hyde Park, Vt. cycle
 22 Sun Ausable Lake, NY hike
 28 Sat Mt. Chauve/Orford, PQ hike
 29 Sun Mystery Tour Cycle, PQ, USA

September

2 Thu Executive Meeting
 3 - 6 Labour Day Weekend Getaway
 11 Sat North Troy, Vt. cycle
 11 Sat Tillotson/Belvedere, VT. hike
 18 Sat Montagne Noir, PQ hike
 19 Sun Mystery Hike, PQ, USA
 25 Sat Dunham, PQ, Vt. season's final cycle
 25 Sat Adirondack Loj, NY hike

October

2 Sat Cascade/Porter/Blueberry, NY hike
 7 Thu Executive Meeting
 8 - 11 Thanksgiving Weekend Getaway
 16 Sat Laraway Late Season Carpool Hike
 16 - 17 Trail Maintenance
 30 Sat Fall Signup & Halloween Party

For the latest information on Club events, call the RA tape at 489-0339